

P.E. Credit for Athletic Instructions 2023-2024

For 10th, 11th, and 12th grade students ONLY

1. Read and fill out the top half Athletic PE Contract. **Obtain signatures for #1, #2, and #3 only.**
2. Deliver the form to the LCCHS Counseling office.
3. Your counselor will add you to an 8th period PE Class.
4. At the end of the season, the LCC Athletics Office will receive coach confirmation that the athlete has completed the season in good-standing (i.e eligibility, finished the entire season, attended 90% of practices and games, good sportsmanship, etc) .
5. Five (5) PE credits will be issued in the student's semester transcript following the conclusion of the season (i.e. credit for fall sports issued in first semester transcript; credit for winter & spring sports issued in second semester transcript).

Q: How many athletic PE credits can you earn?

A: You can get up to 20 credits for participating in athletics; 5 credits per sport/ 10 max per year.

Q: What sports are eligible for Athletic PE Credit?

A: See below

Fall Sports - Deadline September 15, 2023

Cross Country
Girls Flag Football
Girls Golf
Girls Tennis
Girls Volleyball
Boys Water Polo

Winter Sports - Deadline December 15, 2023

Girl & Boys Soccer
Girls Water Polo

Spring Sports - Deadline March 15, 2024

Girls Beach Volleyball
Boys Golf
Gymnastics
Girls & Boys Lacrosse
Softball
Girls & Boys Swim & Dive
Boys Tennis
Girls & Boys Track & Field
Boys Volleyball

San Dieguito Union High School District
High School *P.E. Credit for Athletics* Contract

_____ 10 11 12
Student Last & First Name ID Number Grade Level School Name

Application for 5 credits of Physical Education (PE) for participation in the following school-sponsored interscholastic athletic program - **Sport:** _____ **Season:** Fall Winter Spring

Signatures below indicate that we have read and understand:

- **Credit is only available to students in grades 10-12 who still need PE credit to fulfill graduation requirements.** Students in grade 9 are not eligible for the *PE Credit for Athletics* option.
- Education Code allows for this option "if the pupil is engaged in a regular school-sponsored interscholastic athletic program carried on wholly or partially after regular school hours." Students who are enrolled in a team sport course offering during the instructional day are not eligible.
- **Student must have participated in the California Physical Fitness Test (PFT) in any high school year prior to the school year** in which *PE Credit for Athletics* will be taken. **PFT Participation Date:** _____
- **A total of 5 credits may be earned each season.** No more than ten (10) credits of physical education may be earned by participating in school sponsored interscholastic athletics in one school year. A maximum of 20 PE credits may be earned through *PE Credit for Athletics* over 3 years.
- **Student must begin participation the first day of the season and successfully complete the season in order to receive credit** as verified by the Coach, Athletic Director, and School Administrator.
- **Any one of the items listed below will make the student ineligible to receive credit in this program.**
 - A student who is absent from practice or games more than 10% of the time will not be eligible for credit.
 - A student who displays unsportsmanlike conduct will not be eligible for credit.
 - Any violation of the SDUHSD Athletic Code of Conduct will make the student ineligible for credit.
 - Students must be academically eligible for the **entire** season to be eligible for credit.
- **Credit will be recorded as P (Pass).** A-F letter grades not will be issued.
- **A completed copy of this contract must be on file before the official CIF start date of the season in order to be eligible to receive credit.**

1. _____ 2. _____
Student Signature Parent Signature

3. _____ 4. _____
Coach Signature Athletic Director Signature

Upon successful completion of the season, the coach will provide documentation to the Athletic Director. No credit will be issued without signatures of the Athletic Director and School Administrator.

_____ Athletic Director Signature for Credit

_____ School Administrator Signature for Credit

NOTE: The *PE Credit for Athletics* option requested in order to fulfill a CA high school diploma requirement will not be issued without successful completion of the school-sponsored interscholastic athletic season and meeting all conditions of this contract. Families should be sure to check with the school counselor to evaluate graduation status to ensure eligibility and confirm fulfillment of all requirements to earn a diploma.