

La Costa Canyon High School

2017 CROSS COUNTRY – VARSITY & JUNIOR VARSITY

DAY	DATE	OPPONENT	SITE	TIME
SAT	09/09	BRONCO INVITE (V/JV)	KIT CARSON PARK	8:00-11:00 am
SAT	09/16	MT. CARMEL INVITE. (V/JV)	Morley Field, Balboa Park	TBD
SAT	09/23	DANA HILLS INVITE (V/JV)	DANA HILLS HS	TBD
FRI	09/29	LEAGUE CLUSTER #1	LA COSTA Sports Park	3:15
SAT	10/07	SO CAL INVITE (V/JV)	GUAJOME PARK	TBD
FRI	10/20	JAGUAR INVITE (JV)	KIT CARSON PARK	TBD
FRI	10/20	MT. SAC INVITE. (V)	MT. SAN ANTONIO JC	TBD
THURS	10/26	LEAGUE CLUSTER #2	GUAJOME PARK	3:15
FRI	11/03	JV LEAGUE CHAMPIONSHIP	LA COSTA Sports Park	3:00
SAT	11/11	North County Conference (V)	KIT CARSON PARK	TBD
SAT	11/18	SD CIF /State Qualifying	Morley Field, Balboa Park	Boys/Girls
SAT	11/25	CALIFORNIA STATE MEET	Woodward Park, Fresno	Boys/Girls

Dual Meet Order of Events:

- Girls JV 3:15, after DST 3:00 / Girls V 3:45, after DST 3:30
- Boys V 4:15, after DST 4:00 / Boys JV 4:45, after DST 4:30

HEAD COACH:	Bill Vice	COLORS:	Green, Navy, Gold
V. ASSISTANT:	Bob Sisler	NICKNAME:	Mavericks
JV COACH:	Kelsea Kakadelas	TRAINER:	Karen Hsu
ATHLETIC DIRECTOR:	Kari DiGiulio	TEAM PHYSICIAN:	Dr. Gregory Loren

Revised Date: 08/10/2017