



Maverick Athletics

GENERAL INFORMATION

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Athletics at La Costa Canyon High School provides students with the opportunity to be a part of a team and compete for their school. We provide various levels of sport teams, depending on the particular sport. Student-athletes at LCC are held to a high standard and must meet all eligibility requirements to compete.

GENERAL ELIGIBILITY REQUIREMENTS for incoming freshmen:

- 1) **2.0 GPA** (Fall sport eligibility is based on 8th grade spring semester grades.)
- 2) Continued eligibility during each season depends on quarter and semester grades at the high school level. (Quarter grades are reported in November and April. Semester grades are reported in January and June.)
- 3) Freshmen are not allowed to use an academic waiver to compete.
- 4) Online Athletic Clearance submitted (see other side), Sports Physical, Copy of Medical Insurance Card and signed Confirmation Page.

Please note that try-out dates may change; this is merely a guideline.

Fall Sports - Tryout dates	Winter Sports Online clearance (Nov-Feb)	Spring Sports (Online clearance Feb-May)
Football (8/1)	Boys Basketball	Baseball / Softball
Girls Volleyball (8/7)	Girls Basketball	Boys Golf
Boys Water Polo (8/7)	Boys Soccer	Gymnastics
B/G Cross Country (8/11)	Girls Soccer	B/G Lacrosse
Girls Field Hockey (8/9)	Girls Water Polo	B/G Swim and Dive
Girls Golf (8/10)	Wrestling (Boys and Girls)	Boys Tennis
Girls Tennis (8/9)		B/G Track and Field
		Boys Volleyball

Important Dates

April 24th: Online Clearance for the 2017-2018 school year is available for **Cheer and Football.**

May 1st: Online clearance is OPEN for all other sports, however, Fall Sports will be given priority and processed first.

June 8th: Sport Physicals offered at LCC (\$30 athletic fundraiser) Estimated times 3-6pm. Open to all incoming freshmen and current LCCHS students. You can submit all paperwork for clearance for Fall and make this a one stop shop to be eligible in the fall. See #8 for the forms that are required.

June 15th: Complete the Online clearance process and submit the required paperwork to the Athletics Office if trying out for a Fall Sport.

July 1st-31st: Athletics Office is closed.

August 1st: Athletics Office re-opens. Office hours: 8:00am - noon.

HOW TO COMPLETE ATHLETIC CLEARANCE - Online Athletic Clearance Steps

1. Visit www.AthleticClearance.com
2. Watch quick tutorial video and **Register**. Parents register with valid email username and password. You will be asked to type in a code to verify you are human.
3. Log in.
4. Select "**New Clearance**" to start the process.
5. Choose the School Year in which the student plans to participate (**2017-2018**).
Choose the School - **La Costa Canyon High School**.
6. Choose the **Sport** your student will be trying out for. You may choose multiple sports. The Athletic Department requires a signed confirmation page (see #8) for each sport selected.
7. Complete all required fields for Student Information, Educational History, Medical History and Signature Forms. (Please note: parent and student-athlete have **separate signature lines**.)
8. Once you reach the **Confirmation Message** you have completed the process. Please print this out and bring the signed confirmation page to the Athletics Office, as well as a **Copy of Medical Insurance Card** and a **completed Sports Physical Form** to be cleared for participation. (NOTE: if your student is trying out for multiple sports, YOU MUST submit a signed confirmation page for EACH SPORT to the athletics office.)
9. All of this data will be electronically filed with the athletic department for **review**. When the online registration has been completed and the student has submitted the required paperwork, an email notification will be sent indicating that the student has been **cleared for**

participation in the tryout process.