



# Maverick Athletics

## GENERAL INFORMATION

Athletic Director: Kari DiGiulio [kari.digiulio@sduhsd.net](mailto:kari.digiulio@sduhsd.net) (760) 436-6136 x6007

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Athletics at La Costa Canyon High School provides students with the opportunity to be a part of a team and compete for their school. We provide various levels of sport teams, depending on the particular sport. Student-athletes at LCC are held to a high standard and must meet all eligibility requirements to compete.

### **GENERAL ELIGIBILITY REQUIREMENTS :**

- 1) **2.0 GPA** (Eligibility is based on semester grades in January)
- 2) Continued eligibility during spring season depends on quarter grades at the high school level. Quarter grades are given in April.
- 3) Freshmen are not allowed to use an academic waiver to compete.
- 4) Online Athletic Clearance submitted (see other side), Sports Physical, Copy of Medical Insurance Card and signed Confirmation Page. **DUE February 1st**
- 5) **If you participated in a sport in the fall, or winter, you are REQUIRED to bring in another signed confirmation page and review/update medical history**

Please note that try-out dates may change; this is merely a guideline.

Fall Sports - Tryout dates	Winter Sports	Spring Sports ( Online clearance due Jan 1) Season is from Feb-May
Football (8/1)	Boys Basketball	Baseball / Softball
Girls Volleyball (8/7)	Girls Basketball	Boys Golf
Boys Water Polo (8/7)	Boys Soccer	Gymnastics
B/G Cross Country (8/11)	Girls Soccer	B/G Lacrosse
Girls Field Hockey (8/9)	Girls Water Polo	B/G Swim and Dive
Girls Golf (8/10)	Wrestling ( Boys and Girls)	Boys Tennis
Girls Tennis ( 8/9)		B/G Track and Field
		Boys Volleyball

# Important Dates

Athletics accepting Winter required forms beginning January 1st through February 1st

**February 1st: FINAL DAY** to turn in all required documentation required to be cleared on time for try-outs for the spring season

## HOW TO COMPLETE ATHLETIC CLEARANCE - Online Athletic Clearance Steps

1. Visit [www.AthleticClearance.com](http://www.AthleticClearance.com)
2. Watch quick tutorial video and **Register**. Parents register with valid email username and password. You will be asked to type in a code to verify you are human.
3. Log in.
4. Select "**New Clearance**" to start the process.
5. Choose the School Year in which the student plans to participate ( **2017-2018**).  
Choose the School - **La Costa Canyon High School**.
6. Choose the Sport your student will be trying out for. If your student chooses to do multiple sports, you **MUST** register for each sport your student is trying out for and will need to **PRINT AND SIGN** the required confirmation page for each sport you are registering your student for and it **MUST** be turned in with your packet to the Athletic Office.
7. Complete all required fields. Once you reach the **CONFIRMATION MESSAGE** you have completed the process. **Please print the online confirmation page. You must sign it along with your student, as well as a Copy of your most current Medical Insurance Card and a COMPLETED SPORTS PHYSICAL FORM (HEALTH HISTORY AND EXAMINATION PAGE) TO BE CLEARED FOR PARTICIPATION.**
8. **PLEASE NOTE: IF YOUR STUDENT IS TRYING OUT FOR MULTIPLE SPORTS, WE ONLY NEED THE MULTIPLE SIGNED AND COMPLETED CONFIRMATION PAGES FOR THE SPORTS SELECTED AND ONE COPY OF YOUR SPORTS PHYSICAL FORM AND MEDICAL INSURANCE CARD.**
9. **IF YOUR STUDENT HAS TRANSFERRED FROM ANOTHER SCHOOL, THERE IS ADDITIONAL PAPERWORK NEEDED FOR CLEARANCE. A CIF 510 FORM WILL AUTOMATICALLY GENERATE WHEN REGISTERING ON THE CLEARANCE SITE AND YOU MUST PICK UP AN ATHLETIC DIRECTORS WORKSHEET IN THE ATHLETIC OFFICE**
10. All of this data will be electronically filed with the athletic department for **review**. When the online registration has been completed and the student has submitted the required paperwork, an email notification will be sent indicating that the student has been **cleared for participation** in the tryout process.

