

# SPRING SPORTS TRYOUTS



## LA COSTA CANYON - 2017

- BASEBALL:** Sat., Feb. 18th - FR 8:00am-10:00am at LCC and 1:00-3:00pm at Diegueno.  
Sat., Feb. 18th - JV 12:00-2:00pm at LCC.  
Sat., Feb. 18th - Varsity 8:00am-10:00am and 2:30pm-5:00pm at LCC.
- SWIM:** Tues, Feb. 14th, 6:30pm-8:30pm. Remaining practices will be 7:00-8:30pm.  
Monday through Friday at the Magdalena Ecke Family YMCA  
Located at 200 Saxony Rd., Encinitas.
- SOFTBALL:** Tues., Feb.21st, 2:45pm-5:30pm at the softball field.
- BOYS' VOLLEYBALL:** Tues.-Thurs., Feb. 21st-23rd, 5:15-7:30pm, Fri., 24th, to be determined.  
Sat., Feb. 25th, 9:00am-11:00am.
- TRACK & FIELD:** Tue. thru Fri., Feb. 21st-24th, at the Track 2:45-5:00pm. Attend all days.
- BOYS' GOLF:** Tryouts begin Tues., Feb. 14th. Times and locations to be determined.  
Please contact: Coach Sovacool: Casey.Sovacool@sduhsd.net
- BOYS' TENNIS:** Tues.-Thurs., Feb. 14th-16th, 3:00pm-5:00pm. LCC Tennis Courts.  
Bring racket, tennis shoes, water, towel, one new can of tennis balls.
- GYMNASTICS:** Wed.-Fri., Feb. 22nd-24th, 6:00pm-8:30pm. Wrestling/Gymnastics Room.
- BOYS' LACROSSE:** Varsity: Sat., Feb. 18th, 9:00am-noon, and Mon., Feb. 20th, noon-2:00pm.  
JV: Mon. thru Wed., Feb. 20th-22nd., 3:00-5:00pm.
- GIRLS' LACROSSE:** Tue. & Wed., Feb. 21st & 22nd, 3:00pm-6:00pm, on the grass and turf.

*Reminder: Anyone who wants to try out for a sport MUST have successfully completed the online clearance and submitted the required paperwork to the Athletics Office. Only those who have been cleared may participate in the tryout process.*

*Please note: Tryout dates and times are subject to change.*

as of 2/21/17