



Maverick Athletics

GENERAL INFORMATION

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Athletics at La Costa Canyon High School provides students with the opportunity to be a part of a team and compete for their school. We provide various levels of sport teams, depending on the particular sport. Student-athletes at LCC are held to a high standard and must meet all eligibility requirements to compete.

GENERAL ELIGIBILITY REQUIREMENTS :

- 1) **2.0 GPA** (Eligibility is based on quarter grades in November)
- 2) Continued eligibility during winter season depends on semester grades at the high school level. Semester grades are reported in January
- 3) Freshmen are not allowed to use an academic waiver to compete.
- 4) Online Athletic Clearance submitted (see other side), Sports Physical, Copy of Medical Insurance Card and signed Confirmation Page. **DUE NOVEMBER 1st**
- 5) **If you participated in a sport in the fall, you are REQUIRED to bring in another signed confirmation page and review/update medical history**

Please note that try-out dates may change; this is merely a guideline.

Fall Sports - Tryout dates	Winter Sports Online clearance (DUE NOVEMBER 1st)	Spring Sports (Online clearance Feb-May)
Football (8/1)	Boys Basketball	Baseball / Softball
Girls Volleyball (8/7)	Girls Basketball	Boys Golf
Boys Water Polo (8/7)	Boys Soccer	Gymnastics
B/G Cross Country (8/11)	Girls Soccer	B/G Lacrosse
Girls Field Hockey (8/9)	Girls Water Polo	B/G Swim and Dive
Girls Golf (8/10)	Wrestling (Boys and Girls)	Boys Tennis
Girls Tennis (8/9)		B/G Track and Field
		Boys Volleyball

Important Dates

Athletics accepting Winter required forms beginning October 1st through Nov. 1st

November 1st: FINAL DAY to turn in all required documentation required to be cleared for try-outs for winter season

HOW TO COMPLETE ATHLETIC CLEARANCE - Online Athletic Clearance Steps

1. Visit www.AthleticClearance.com
2. Watch quick tutorial video and **Register**. Parents register with valid email username and password. You will be asked to type in a code to verify you are human.
3. Log in.
4. Select "**New Clearance**" to start the process.
5. Choose the School Year in which the student plans to participate (**2017-2018**).
Choose the School - **La Costa Canyon High School**.
6. Choose the **Sport** your student will be trying out for. You may choose multiple sports. The Athletic Department requires a signed confirmation page (see #8) for each sport selected.
7. Complete all required fields for Student Information, Educational History, Medical History and Signature Forms. (Please note: parent and student-athlete have separate signature lines.)
8. Once you reach the **Confirmation Message** you have completed the process. Please print this out and bring the signed confirmation page to the Athletics Office, as well as a **Copy of Medical Insurance Card** and a **completed Sports Physical Form** to be cleared for participation. (NOTE: if your student is trying out for multiple sports, YOU MUST submit a signed confirmation page for EACH SPORT to the athletics office.)
9. All of this data will be electronically filed with the athletic department for **review**. When the online registration has been completed and the student has submitted the required paperwork, an email notification will be sent indicating that the student has been **cleared for participation** in the tryout process.