WELCOME TO JUNIOR PARENT NIGHT

PRESENTED BY: THE LCC COUNSELING DEPARTMENT



MEET THE COUNSELORS



Randa Fast-Medley	E, G-K, AVID
Danielle Martinez	A, F, L-N
Lori Musel	C,D, Sj-Z
Melissa Hernandez-Cyr	O-Si, ELD

GOALS FOR TONIGHT

- Review LCCHS graduation requirements
- Explain UC/CSU admission requirements
- Explore the college admission process (Private & Out of State Colleges/Universities)
- Discuss Community College options
- Explain Senior Letter of Recommendation procedures

LCCHS Graduation Subject Requirements vs.

College Subject Requirements

Subject	LCCHS	CSU/UC A-G		
English	4 Years	4 Years		
Math	3 Years	3 Year required/ 4 Years Rec.		
History/Social Science	3 Years	2 Years		
Science	1 Yr Biological 1 Yr Physical	2 Years/ 3 years rec. (LAB)		
Foreign Language	0 Years	2 Years		
CTE/Practical Art	1 Year	N/A		
Visual/Performing Art	1 Year	1 Year		
Physical Education	2 Years	N/A		
Elective	70 credits	1 Year		

OFF CAMPUS COURSES

- YOU ARE ENCOURAGED TO TAKE ALL YOUR COURSES AT LCC.
- MUST BE PRE-APPROVED BY YOUR LCC COUNSELOR (OCF REQUIRED).
- STUDENTS ARE LIMITED TO 30 CREDITS OFF-CAMPUS TOTAL.
- KEEP IN MIND STUDENTS CANNOT TAKE VPA, PE, OR LAB SCIENCE COURSES ONLINE FOR CREDIT.





TO VERIFY THAT YOUR ONLINE CLASSES ARE ACCEPTED BY UC (A GOOD STANDARD TO FOLLOW) SCHOOLS CHECK UC COURSE LIST FOR LCC.

OPTIONS AFTER HIGH SCHOOL

College (Post Secondary Education)

-2 or 4 year college or university

Military

- -Training in specific area/skills
- -Educational benefits
- -Take the ASVAB free

Vocational Schools

Intensive training & experience in specific tradesResearch each facility

Gap Year

CALIFORNIA SYSTEMS OF HIGHER EDUCATION

- **Community Colleges-100%**
- California State Universities-90%
- University of California-27%
- **Private and Independent Colleges-varies**



PERCENTAGES BASED ON GPA OF 2017 SENIOR CLASS

COMMUNITY COLLEGE

- High School Diploma or be 18 years old
- No SAT or ACT required
- Certificate programs, AA, or transfer

• Approximately 26% of LCC students attend community college each year.

PALOMAR MIRA COSTA SAN DIEGO MESA CUESTA SBCC

REASONS TO CONSIDER COMMUNITY COLLEGE

- You are short on college funds
- You are not sure about college
- You are not sure what major to pursue
- Your GPA is not so great and you want to build your skills before transferring
- You're interested in Career Technical Education
- You have work or personal commitments and need a flexible schedule

PALOMAR MIRA COSTA SAN DIEGO MESA CUESTA SBCC

CALIFORNIA STATE UNIVERSITY (CSU)



UNIVERSITY OF CALIFORNIA (UC)

9 Campuses

- -Comprehensive Review
- -Personal Insight Q's (4 of 8)
- -Must meet A-G
- Subject Req. w/C or higher
- -Minimum GPA 3.0 in a-g

courses





Apply online: admission.universityofcalifornia.edu



- ADMISSION REQUIREMENTS VARY BY INSTITUTION
- OFTEN USE COMMITTEE TYPE ADMISSION PROCESS
- CHECK INDIVIDUAL CAMPUS WEBSITES TO DETERMINE ADMISSION REQUIREMENTS
- NEARLY 700 CAMPUSES USE THE COMMON APPLICATION SEE COMMOMAPP.ORG FOR MORE INFO
- LETTERS OF RECOMMENDATION TYPICALLY REQUIRED
- APPLICATION FEES VARY (\$0-\$90)
- FILING PERIOD IS TYPICALLY THROUGH JANUARY 1ST

COLLEGE VISITS



APPROXIMATELY 70 COLLEGE REPRESENTATIVES VISITED OUR CAMPUS THIS YEAR!

- Get insider's view of the college and a flavor of the school
- Chance for a representative to "put a face with a name"
- Often the college rep is a reader for our region
- Representatives offer insight into the application process
- A chance to ask direct questions to the representative
- Shows your demonstrated interest in a college!
- College reps sometimes give students their contact information and offer help during the application process

Factors in college admissions

Factor	N	Considerable Importance	Moderate Importance	Limited Importance	No Importance
Grades in College Prep Courses	216	76.9%	12.5%	9.3%	1.4%
Grades in All Courses	218	77.1	13.8	6.4	2.8
Strength of Curriculum	218	51.8	35.3	7.3	5.5
Admission Test Scores (SAT, ACT)	219	54.3	27.9	13.7	4.1
Essay or Writing Sample	217	18.9	35.9	22.1	23.0
Counselor Recommendation	213	14.6	46.0	25.8	13.6
Student's Demonstrated Interest	212	13.7	25.5	32.1	28.8
Teacher Recommendation	211	10.9	46.4	28.0	14.7
Class Rank	217	9.2	24.0	34.6	32.3
Subject Test Scores (AP, IB)	216	6.9	30.6	30.6	31.9
Portfolio	210	6.2	5.7	27.6	60.5
Extracurricular Activities	214	7.9	36.0	36.9	19.2
SAT II Scores	212	2.4	6.1	21.2	70.3
Interview	213	4.7	17.4	31.9	46.0
State Graduation Exam Scores	210	1.9	7.6	21.9	68.6
Work	211	2.8	15.6	47.4	34.1

SOURCE: NACAC Admission Trends Survey, 2016

Types of Admissions

- **<u>Regular Decision:</u>** submit application by institution's specified date and receive a decision within a stated period of time.
- <u>Rolling Admission</u>: institution reviews applications as they are completed and renders admissions decisions to students throughout the admissions cycle.
- <u>Early Action</u>: students apply early to an institution of preference and receive a decision in advance of the regular response date. Students admitted under EA are not obligated to accept the offer of admission.
- <u>Restrictive Early Action</u>: This plan works the same way as other early action plans, but candidates may not apply early (either early action or early decision) to any other college.
- <u>Early Decision</u>: students make a commitment to a first-choice institution, where, if admitted, they definitely will enroll. When applying ED, student may apply to other institutions, but may only have one ED application pending. Students should check with individual schools regarding specific policies in the Early Decision agreement.



Finding a match....

- KNOW YOURSELF-IDENTIFY PRIORITIES FOR YOU AND YOUR FAMILY
- LOOK FOR SCHOOLS THAT MATCH YOUR STUDENT'S STRENGTHS AND LEARNING STYLES
- LOCATION, LOCATION, LOCATION
- **RESEARCH**!
- VISIT COLLEGES
- BE REALISTIC AND MAINTAIN PERSPECTIVE

THERE IS A COLLEGE FIT FOR EVERY STUDENT!!





DEVELOPING A COLLEGE LIST

- List should consist of 8-12 schools
- Explore list of schools with varied level of competetiveness
- 3 Safety, 3 Target and 3 Reach
- Know your schools! Use GPA ranges and SAT scores to help determine acceptance probabilities
- Financial safety schools
- Use college search books and websites

What is Safety? Target? Reach?



Student far exceeds college admissions GPA and test scores



Student has the average college admissions GPA and test scores



REACH

Student is below the average college GPA and test scores

Student is interested in attending all of the above schools!

College Search

You can use the resources on CaliforniaColleges.edu to both research colleges and create a list of your favorites and those that you are planning on applying to.

Go to CaliforniaColleges.edu.

Students can account for free by clicking on the lock icon at the top right.

Use the College Search Tool to research colleges. You can use a variety of filters to search, including type of environment, size, degree options, and more.

Once you find a college that you are interested in, make sure to favorite it by clicking the heart icon.

Your favorite colleges appear within your College List in My Plan.

COLLEGE EXPLORATION



COLLEGE EXPLORATION

College Search Tool College Options in California Systems of Higher Education

My Plan College

MAJOR EXPLORATION

Get Start

Major Search Tool Your Program and Major Options

APPLY TO COLLEGE

Financial Aid

Exp

Career

Find Colleges .

Finding Your College Fit

College 101

Campus Life

Academic Life

College Search

Compare Colleges

Campus Visit Guide

Application Types Overview The College Application Process

Other Applications

University of California Common Application

Apply from CaliforniaColleges.edu

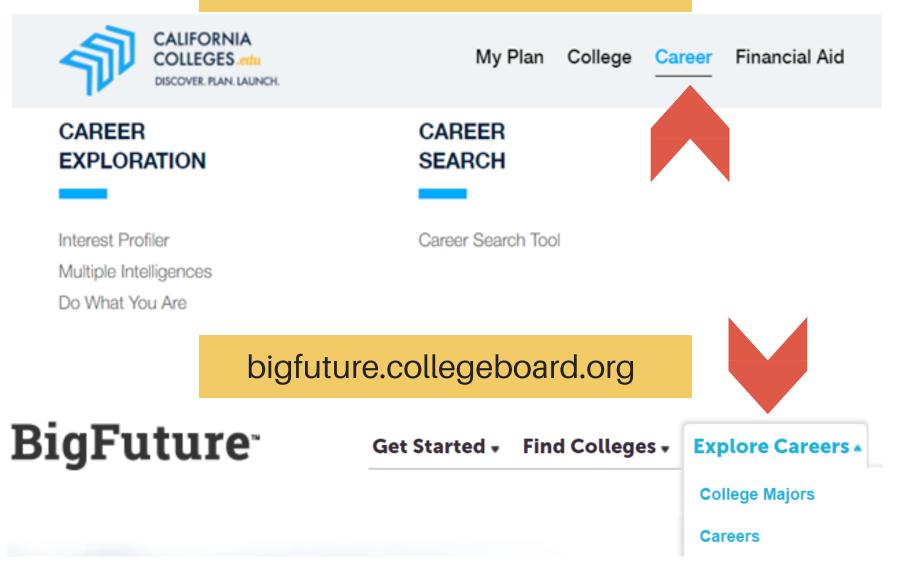
California State University Application California Community Colleges Application

BigFuture[.]



CAREER EXPLORATION

californiacolleges.edu



Prospective College Athletes

- 1. Students need to register online with the NCAA Eligibility Center @ www.eligibilitycenter.org
- Potential Division I and II athletes -Make sure you meet the NCAA course requirements.
 - See your counselor before enrolling in any online courses - could affect your eligibility
 - Go to this website. Enter high school code 050858 <u>https://web3.ncaa.org/hsportal/exec/hsAction?hsAc</u> <u>tionSubmit=searchHighSchool</u>
- Bring following to LCC Registrar: -NCAA Website Signature form signed and printed

SAT/ACT

STANDARDIZED TESTING

DO YOUR BEST & FORGET THE REST

NEW SAT VS. ACT

SAT AND ACT both serve the same purpose for College Admissions. There is absolutely no preference for either, from the perspective of the admissions offices.

Number of Sections

4 (English Writing, Reading, No-Calculator Math, and Calculator Math) plus optional essay.



Number of Sections

4 (English, Math, Reading, and Science) plus optional essay.

Scoring

Two scores (English and Math) are 200-800 points each for a total of 400-1600.

No penalty for wrong answers.

Essay score (2-8) is counted separately from main score.

Scoring

Each section is 1-36 points and averaged to give a total score of 1-36.

No penalty for wrong answers.

Essay score (1-6) is counted separately from main score.

It is recommended that you take the optional essay part for SAT and/or ACT.

%



collegeboard.com actstudent.org Fee waivers available. Score choice. Super score. Sending scores. Free test prep.

FINANCIAL AID & SCHOLARSHIPS

FAFSA

- VISIT FAFSA.ORG TO COMPLETE APPLICATION
- APPLICATION AVAILABLE OCTOBER 1ST, 2018
- APPLICATION SHOULD BE SUBMITTED BY MARCH 2, 2019
- CAL- GRANT GPA OPT OUT FORM

CSS PROFILE

- PRIVATE COLLEGES AND UNIVERSITIES
- CHECK YOUR COLLEGES' INFO TO DETERMINE IF THEY REQUIRE THE CSS PROFILE. A LIST OF PARTICIPATING COLLEGES IS FOUND ON THE CSS PROFILE HOMEPAGE
- NON-GOVERNMENT FINANCIAL AID

SCHOLARSHIPS

WHAT TYPES ARE THERE?

- Merit
- Community
- Business
- Military
- College

HOW DO I FIND THEM?

- Counseling Google Classroom: bhbn5t
- Fast web, Big Future, etc...

Note: You shouldn't have to pay money to find scholarships

COLLEGES THAT NEED LETTERS OF REC (LOR)





COALITION for ACCESS, AFFORDABILITY, and SUCCESS

ONE APPLICATION FOR MULTIPLE COLLEGES!

LETTER OF RECOMMENDATION PROCESS

- CREATE AND COMPLETE A COLLEGE LIST
- COMPLETE BRAG PACKET
- MEET WITH YOUR TEACHER/COUNSELOR IN PERSON TO REQUEST LOR
- TURN IN YOUR FERPA FORM
- PLEASE GIVE TEACHER/COUNSELOR 3 WEEKS NOTICE PRIOR TO DUE DATE
- STUDENT MUST PUT IN REQUEST BY SEPT.28
 FOR EARLY APPS AND NOV. 2 FOR REGULAR
 DECISION
- THANK YOU NOTES GO A LONG WAY!



STAY TUNED FOR MORE INFORMATION REGARDING THIS PROCESS!

GET IMPORTANT UPDATES AND REMINDERS FROM COUNSELING



Text @LCCHS2019 to 81010



Join code for class of 2019 counseling classroom = YWU9NW3

SCHOLARSHIPS, COLLEGE VISITS, BRAG PACKET, ETC...



The role of the PARENT....

- BREATHE!
- ASSIST YOUR STUDENT IN CREATING A BALANCED AND REALISTIC LIST OF COLLEGES
- COMPLETE PARENT PORTION OF BRAG PACKET
- ASSIST YOUR STUDENT IN ANY PAYMENTS NEEDED (SENDING TEST SCORES, APPLICATION FEES ETC..)
- BREATHE!





POST HIGH SCHOOL PLANNING (between now and end of summer)

- Communication -sign up for mailings from colleges
- Get organized -start creating your college list
- Continue extra-curricular activities/community service
- Maintain grades
- Attend District College Night April 25 @ Del Mar Fairgrounds

Tips for Senior Year

Know what the plan is at the BEGINNING of senior year- If applying to a 4 year college- How many schools?

Be aware of application requirements and deadlines

Budget for the following: SAT/ACT, College applications, Homecoming, Winter formal, Prom..... It adds up!

Potential Division I/II athletes- register at www.ncaaclearinghouse.net if you haven't already

Financial aid- Apply between October 1-March 2

Questions

