



HOME OF THE MAVERICKS

LA COSTA CANYON eNews HIGH SCHOOL

Maverick Families,

Please take a moment to reference the bell schedule below. All students need to arrive on-time as we administer the PSAT. **Students are encouraged to bring their own calculator** for the PSAT. Unfortunately, students cell phones are not allowed to be used as a calculator.

October 19 (PSAT Grades 9,10,11) (Senior Day)

Period	Start	End
Testing	7:40	11:40
Lunch	11:40	12:15
1	12:20	1:25
3	1:30	2:35

- October 20
 - 10:05 Announcement on intercom

October 20 (Evacuation/Assembly Schedule)

Period	Start	End
2	7:40	8:45
Brunch	8:45	8:55
4	9:00	10:05
Assembly	10:05	11:40
Lunch	11:40	12:15
6	12:20	1:25
5	1:30	2:35

Halloween Guidelines:

Students may wear Halloween costumes to school on Fri. Oct. 31st. All costumes must follow these guidelines:

- Costumes cannot be educationally distracting or interfere with instruction in any way.
- Appropriate shoes must be worn.
- No props.
- Costumes must allow the individual to see, hear, breathe, sit and walk.

Upcoming Events

Mon, 10/17 - Sun, 11/6	Matching Donation Drive , LCC Foundation \$50K in 50 Days (see below)
Wed, 10/19	Modified schedule @ 7:40AM - PSAT (9th & 11th graders) - PreACT (10th graders) - Senior Day (12th graders)
Fri, 10/21	Wear PINK to School to Support Breast Cancer Awareness - Pink Out Home Football Game @ 7pm
Mon, 10/24 - Fri, 10/28	Red Ribbon Week - Drug & Alcohol Awareness
Wed, 10/26	Mav Voices, 12 noon, Flex Lab WASC Wed, 2:45PM
Thur, 10/27	ASVAB Results, 1PM, Flex Lab
Fri, 10/28	ISPE logs due, via Blackboard Campus Tour, 10AM, Adm Bldg. Taste of La Costa Auction Item Donation deadline, Foundation Office, 9AM-3PM
Mon, 10/31	California Scholarship Federation deadline (see below) Taste of La Costa Online Auction begins! Staff Halloween Fashion Show @ Break First Day of Survivor @ Lunch
Tue, 11/1	First Quarter ends Smart Start (see below)
Thurs, 11/3	Comedy Sportz, 7:30PM, Theater
Fri, 11/4	Mornings with Principal Marcus, 8AM, Administration Office. Note - this is the last meeting until February, 2017. Survivor Finals @ Lunch Annual Beach Bowl Game - White Out vs TP @ 7pm
Wed, 11/9	Opening Night, Fall Play, <i>The Crucible</i>, 7PM, Theater
Fri, 11/11	No School

Sat, 11/12

Taste of La Costa Annual LCC
Foundation Benefit, 6-10PM, The Valley
Club



The New LCCHS App is available for
download in the iTunes App Store! Get school-wide
updates and access all Maverick information [HERE!](#)

ACADEMICS **ARTS** **ATHLETICS**

THIS WEEK ON CAMPUS

Wed - PSAT for 9th & 11th grades --- Pre-ACT for 10th grade --- Senior Day for 12th grade, 7:40AM.
Be prepared - get a good night's sleep, eat a healthy breakfast, bring pencils, a calculator, a water bottle, and other necessary supplies!

Thurs - Evacuation drill, 10:05AM

ACADEMICS

D/F notification are now accessible through the Aeries portal. Please contact Counseling directly if you are not able to access Aeries.

SOPHOMORES - Are you interested in the [HOBY](#) Leadership Conference? Represent LCC and discover your leadership talents at the HOBY State Leadership Seminar. Student is required to pay the \$195 registration fee. See your Counselor for details.

California Scholarship Federation - Application window open now: Oct 1-31, for Spring grades. See [CSF](#) for information and to register.

COLLEGE VISITS for Juniors & Seniors - Go to Naviance or the Counseling Office to explore options and register.

Thurs, Oct 20: Syracuse University, 8:00

Fri, Oct 21:

- The University of Oklahoma, 8:00
- Trinity University, 8:00
- University of Washington, 9:30
- Highpoint University, 11:00
- Marymount California University, 1:30
- McGill University, 2:00

Mon, Oct 24:

- Gonzaga University, 8:30
- University of Tenn, Chattanooga, 9:30
- Emory University, 10:40

Tues, Oct 25:

- Occidental College, 8:00
- Fashion Institute of Los Angeles, 9:00
- University of Michigan, 11:00
- Sarah Lawrence College, 2:00

Wed, Oct 26:

- US Army Recruiter, 11:00
- UCSD, 12:35
- University of Notre Dame, 1:00

Thurs, Oct 27:

- The Paul Mitchell School - San Diego, 8:00
- University of Southern California, 9:30
- Arizona State University, 11:30

-- The University of Alabama at Birmingham, 1:30

Fri. Oct 28:

-- Hawaii Pacific University, 11:00

-- University of Kansas, 1:15

[SAT](#) Testing Dates - Nov 5, Dec 3, Jan 21, Mar 11, May 6, June 3 - register early!

[ACT](#) Testing Dates - Oct 22, Dec 10, Feb 11, Apr 8, June 10 - register early!

ARTS

THEATRE - Play rehearsals and ComedySportz training are in full swing. All students are welcome to join!

Upcoming performances:

ComedySportz, Thurs, Nov. 3. ComedySportz gathers to practice every Tuesday & Thursday after school.

“The Crucible,” Nov. 9-12, & 16-18. The Thespian Club meets every Thursday during lunch.

ATHLETICS

Please see information regarding online clearance for all sports this year at [MaverickAthleticsClearance.pdf](#)

WINTER SPORTS ONLINE CLEARANCE IS DUE NOVEMBER 1!

Fall Sports Schedules and related information can be found on each sports website:

[Cross Country](#)

[Boys Water Polo](#)

[Girls Field Hockey](#)

[Football](#)

[Girls JV Tennis](#)

[Cheer](#)

[Girls V Tennis](#)

[Girls Volleyball](#)

SENIOR SECTION

Yearbook Senior Ad picture and copy deadline - Friday, Nov 4, 3PM - For more info, see [Stampede Senior Ads](#) and [Stampede Senior Ads Form](#), or click on Stampede in the lower right hand corner on the LCC Homepage.

October is Naviance Month!

If you have not signed up for Naviance, please come to the Counseling Center/College Center at LUNCH on one of the following dates and we will get you logged in, complete a career inventory and/or start your college application list.

See you in October!

Mon Oct 24	Wed Oct 19
Mon Oct 31	Wed Oct 26

KUDOS

Senior Water Polo Player, Hayden Reider will be featured on San Diego Prep Insider, a show on Fox Sports San Diego on Wednesday, October 19th at 6:30pm, as a player to watch for the 2016 season.

Where to watch: ATT U-verse: 776/1776(HD), Cox: 56/1056(HD), DirectTV: 694, Time Warner: 61/322 (HD), Verizon: 80/580(HD)

COMMUNITY

LCC Rugby 2016-17 Season - REGISTRATION NOW OPEN - If you are interested in playing this increasingly popular sport, you **MUST** register online. Rugby is not a CIF sport...yet, and LCC cannot accept the school online athletic packet to sign-up for rugby. A separate registration is necessary. Please click [here](#) for more information and to register.

Start Smart - Tues, Nov 1 - see [Start Smart](#) to register. This class is required for juniors and seniors to park on campus. Next meeting - March 6.

Are you on Twitter or Facebook? Follow LCC at [LCCMavs](#) and [LCCMavsFB](#)

News from Nutrition Services - FREE AND REDUCED APPLICATIONS: This year families can APPLY ONLINE AT www.paypams.com/onlineapp. Or, applications are on the nutrition website www.SDUHSDnutrition.com under Meal Applications. You can print the application and bring it to LCC's office or Oak Crest Middle School Nutrition Services Office.

La Costa Canyon High School
1 Maverick Way
Carlsbad, CA 92009

Website: lc.sduhsd.net
Phone: 760.436.6136
Fax: 760.943.3539



FOUNDATION NEWS

October 18, 2016

[LCCHS Foundation website](#)



★ MAVERICK CHALLENGE ★ MAVERICK CHALLENGE ★ MAVERICK CHALLENGE ★



50K in 50 Days

Good Morning Maverick Families! I am so thrilled to email you and tell you about some incredibly exciting news. This year, our annual education campaign has already raised almost \$50,000. This money goes directly to LCC and its teachers and classrooms. But, we are not done yet. Our goal this year is to reach \$100,000 in educational funding. We have received hundreds of thousands of dollars in teachers needs/requests this year and we want to fund as many of those requests as we possibly can. As we like to say, the District has provided a wonderful education for our students, but we fundraise to add a crucial layer on top of District funding that enriches the academic experience for every student at LCC. Through our parent's generous donations, we are half-way to our goal. But, we still have a long way to go. This is where the exciting news comes in!

We have had 5 incredibly generous families* step forward and commit to matching dollar for dollar every donation we receive in the next 50 days up to reaching our goal of \$100,000. That means they have committed up to \$25,000 of their own money, to match \$25,000 from the rest of our LCC community. This is an incredible opportunity that we have never had happen at LCC. So, we need YOU! If you have not given to the annual education campaign yet, please do so today! Just click on the Donate Today button at the top of this page and **Double your Dollars**. Together, we can make a huge difference in the lives of our students. Will you join us in supporting our teachers and students?



**The LCC Foundation would like to especially thank the Nicholas, Roberts, Leddy, Geier, and anonymous families who have committed to helping us reach our goal of \$100,000. Please join in their incredible generosity.*

[Donate Today!](#)



FAQ

What is this money used for?

Every year, our teachers turn in "Grant Applications". These are needs they have in the classroom that are outside of District funding. This year, we received over \$400,000 in requests. Last year, we funded \$90,000 worth of requests. This year, our goal is to fund over \$100,000. 100% of the annual educational campaign money goes back to LCC. None of it is used for overhead, etc.

I gave a donation to the Foundation for my sport. Doesn't that count?

Well, it certainly "counts" as our sports teams rely on these donations for their programs. But, that money goes directly to the individual teams. Our annual education campaign is money for our academics and classrooms.

★ Foundation Calendar ★

Mon, Oct 17 - Nov 6	50K in 50 Days Drive , see above, Donate Today!
Wed, Oct 19	Speaker Series: <i>Raising Resilient Teens in our World</i> by Dr. Divya Kakaiya, Learning Commons, 6:30~8pm
Fri, Oct 28	Deadline for Taste of La Costa Auction Item Donations , Foundation Office, 9am~3pm
Mon, Oct 31	Taste of La Costa Online Auction Begins!!
Sat, Nov 12	Taste of La Costa annual benefit - TICKETS ON SALE NOW! Buy your tickets today. <i>It's the Foundation's biggest fundraiser. Scroll down to see who's coming!</i>
Mon~Fri	Spirit Wear Sales , Foundation Office, 9am~3pm

★ FOUNDATION ★ FOUNDATION ★ FOUNDATION ★ FOUNDATION ★ FOUNDATIO

★ Back By Popular Demand ★

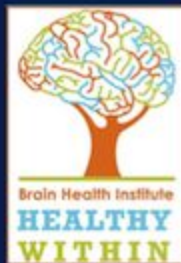
With updated information on empathy, meditation, and making deep connections.

Last school year, about 100 parents & students attended Dr. Kakaiya's highly-commended presentation. The discussion focused on social media & its relationship to familial behavior. It garnered much positive feedback from the audience, suggesting Dr Kakaiya's interactive approach was both informative and relevant to today's families. Dr. Kakaiya is a community leader and has received numerous awards for her community service over the years. For more on Dr. Kakaiya's presentation, please see MavLife News in-depth [article](#).

The LCC Foundation Speaker Series Presents



Dr. Divya Kakaiya,
Ph.D., M.S.
(Psychopharm), CEDS,
PSY: #14052
Clinical Psychologist,
Neuroscientist
Neurofeedback
Practitioner
PROUD mother of 2!



For more information please visit
healthywithin.com
Phone 858.622.0221
Email DivyaKakaiya@gmail.com

Raising Resilient Teens in our World

Join the interactive discussions led by Dr. Kakaiya on the subjects of:

- digital divide
- impact of social media on the teen brain
- body image
- attachment parenting
- self-esteem
- drug use
- parenting skills and strategies
- how to raise a sustainable digital family!

Dr. Kakaiya is a community leader and has received numerous awards for her community service over the years, including: KGTV 10 News Leadership Award, KPBS Local Hero Award, Top 10 Cool Women of San Diego awarded by Girl Scouts Council, and many more. We are so fortunate to have Dr. Kakaiya come speak. Please don't miss this great event.

Wednesday, October 19
6:30-8:00 pm

La Costa Canyon High School

Learning Commons

★ ANNUAL BENEFIT ★ ANNUAL BENEFIT ★ ANNUAL BENEFIT ★ ANNUAL BEN

★ **The Taste of La Costa** ★
The LCC Foundation's Annual Benefit

★ **Now Accepting Items for Auction** ★

We'd love to auction off community donated items at one of our 3 auctions:

Online (2-weeks prior to event), **Silent** (night of event), **Live** (night of event).

All proceeds raised go straight back to our classrooms.

From gift cards and team gift baskets to cars and vacation stays; from private lessons to sporting events; no gift is too small, so **let your gifting imaginations soar!**

The LCC Foundation's biggest annual fundraiser is coming up. The Taste of La Costa will be held on **Saturday, November 12, 2016, from 6pm~10pm** at The Valley Club on Calle Barcelona in Carlsbad. **Current, past, and**

future Maverick families are all invited. Funds raised from ticket sales as well as the Online, Live and exclusive Silent auctions, will all go toward supporting important teacher grants not funded by the district. Please see the Taste of La Costa "What Is It?" letter below for more on how you, or your business, can donate to the benefit.

Deadline for auction items is October 28th!

Tickets to the event will be available for purchase through the Foundation's website, or directly at the Foundation office on campus soon.

See you there!

Taste of La Costa

[What is It?](#)



Online Donation Forms:

- [Auction Item](#)
- [Taste Donation](#)
- [Beverage Donation](#)
- [Business Sponsorship](#)

Questions, or want to find out more? Please contact [Julie Mater](#) at the Foundation.

★ Some MORE Tastes We're Looking Forward To ★

click here! -> [TICKETS ON SALE NOW!](#) <- *click here!*

Thank you for coming out to support LCC!



★ What Does the LCC Foundation Do? ★

The La Costa Canyon High School Foundation, a nonprofit 501(c)(3), bridges the gap between student needs and state/district funding by raising money through donations and special events. Although it embodies three booster groups—Academics, Athletics, and Arts—and oversees all of the financial operations and fundraising programs for all three of these groups, the Foundation also manages the allocation of generously donated funds from our parents and community specifically to our Academics and Arts. Please note, donations made directly to LCC's athletic teams, or clubs, are separate from the Foundation's annual fundraising campaign.

★ Where Do Your Foundation Dollars Go? ★

- ★ Teacher Classroom Grants
- ★ Principal's Vision Fund
- ★ Campus / Classroom Beautification / Upgrades
- ★ After-School Tutoring & Speaker Series

This graphic puts it all in perspective.

★ Help the Foundation Reach its Student Enrichment Goals This Year ★

This school year, the Foundation received over \$400k in teacher grant requests. That's a xx-fold increase over last year.

We are excited that our teachers are eager to enrich the academic lives of our students, and with the community's assistance, we look forward to helping them realize as many of these grants as possible.

Donate to the Foundation

★ SPIRIT WEAR ★ SPIRIT WEAR ★ SPIRIT WEAR ★ SPIRIT WEAR ★ SPIRIT WE

★ Spirit Wear Sales @ the Foundation Office ★

Monday to Friday, 9am~3pm

@ the Foundation Office

Cash, check, or credit. All welcome!

Come on Mavericks and Maverick Families!

♥♥ **Wear Your Pride!!** ♥♥

★ Foundation eNews Contributions / Feedback / Suggestions ★

Please contact [Martina Sullivan](#), if you'd like to share information with our LCC community, or promote an upcoming fundraising/booster event in the Foundation portion of the eNews. We also welcome questions, feedback, and suggestions on how to make the Foundation eNews cater better to you. The guaranteed-to-publish deadline for the following week's issue is Sunday @ midnight (eNews typically goes out on Tuesday afternoons). In order to be accepted, any contribution should be related to the LCC school and community, and must include your name and best contact information. Please include a web link, if applicable, and a photo, or graphics, for visual interest, if available. Approval of external links does not constitute an endorsement or approval of any products, services or opinions contained in the external websites.