



## **A Safety Net for San Dieguito Union High School Students Dealing with Substance Abuse Issues**

### **WE ACCEPT THE CHALLENGE**

The San Dieguito Union High School District has refined its services to better meet the complex needs of today's students and their families dealing with substance use and abuse issues. The ultimate result is the creation of the **READI Program**. The acronym **READI** stands for Recovery Education and Alcohol/Drug Instruction.

This three-day program is designed to provide drug and alcohol education for students and their families.

A special support counselor, with a background in chemical dependency treatment, coordinates the *READI* substance abuse program. This new program provides a unified effort to address substance use among our student population.

The program operates from a multidisciplinary model, where all educational staff are directly involved in all areas of student support.

*The READI Program encourages adolescents to become partners in change.*

Entry into the READI Program begins when any of the following circumstances occur:

- In possession of alcohol and /or drugs
- In possession of drug paraphernalia
- Under the influence of alcohol or drugs

Students/Parents may request voluntary participation.

If a student meets one of the above circumstances, the student is then referred to an assistant principal. The student then has a choice of whether to accept a five-day suspension as per the Education Code, or make a positive choice in enrolling in the three day READI Program. Accepting the suspension may place the student in a difficult position when it comes time to apply for entrance into college. If the student chooses our READI Program, the assistant principal will make a notation of confirmation and enroll the student into the three-day program. Completion of the three day READI Program and completion of the Wrap-Around requirements will allow the formal suspension to be removed from the student's permanent record.

The READI Program is very flexible in its design and allows students to enter the program four days throughout the week (Monday-Wednesday-Thursday-Friday), with Tuesdays reserved for parent (Life-Ring) support groups. The students will be in instruction from 7:30am to 3:00pm, with a half hour for lunch (12:15pm to 12:45pm) on the SDA campus. Students are not allowed to leave the campus for any reason.

The student will attend the three (3) days of instruction on the San Dieguito High School Academy campus located at 800 Sante Fe Drive, Encinitas, CA. 92024. Phone number (760) 753-1121.



The READI Program will help the student avoid punitive measures at school. The student may still be subject to legal actions as delineated in our state Penal Code.