

La Costa Canyon High School

2009 FIELD HOCKEY – VARSITY & JUNIOR VARSITY

DAY	DATE	OPPONENT	SITE	TIME
WED	09/09	VISTA (V & JV)	VISTA	3:15 & 4:45
THURS	09/10	SERRA (V & JV)	SERRA	3:15 & 4:45
SAT	09/12	SERRA TRNY (JV)	SERRA	TBA
WED	09/16	SCRIPPS (V & JV)	LA COSTA CANYON	3:15 & 4:45
FRI	09/18	WESTVIEW	WESTVIEW	3:15 & 4:45
WED	09/23	San DIEGUITO Acad. (V & JV)	San DIEGUITO Acad.	3:15 & 4:45
FRI	09/25	POWAY (V & JV)	POWAY	3:15 & 4:45
SAT	09/26	SERRA TRNY (V)	SERRA	TBA
WED	09/30	RANCHO BUENA VISTA (V & JV)	LA COSTA CANYON	3:15 & 4:45
SAT	10/03	SERRA TRNY (V)	SERRA	TBA
FRI	10/09	ESCONDIDO (V & JV)	LA COSTA CANYON	3:15 & 4:45
WED	10/14	FALLBROOK (V & JV)	LA COSTA CANYON	3:15 & 4:45
FRI	10/16	SAN PASQUAL (V & JV)	SAN PASQUAL	3:15 & 4:45
WED	10/21	MISSION HILLS (V & JV)	LA COSTA CANYON	3:15 & 4:45
FRI	10/23	TORREY PINES (V & JV)	TORREY PINES	3:15 & 4:45
WED	10/28	ESCONDIDO (V & JV)	ESCONDIDO	3:15 & 4:45
FRI	10/30	FALLBROOK (V & JV)	FALLBROOK	3:15 & 4:45
WED	11/04	SAN PASQUAL (V & JV)	LA COSTA CANYON	2:45 & 4:15
FRI	11/06	MISSION HILLS (V & JV)	MISSION HILLS	2:45 & 4:15
WED	11/11	TORREY PINES (JV & V)	LA COSTA CANYON	4:30 & 6:00
SAT	11/14	CIF PLAYOFFS – 1 st Round	TBA	11:00 or 2:00
MON	11/16	CIF PLAYOFFS – Quarterfinals	TBA	3:00
THURS	11/19	CIF PLAYOFFS – Semifinals	TBA	3:00
SAT	11/21	CIF FINALS	TBA	3:00

HEAD COACH: Carly Sweeney
 Varsity Assistant:
 JV COACH:
 ATHLETIC DIRECTOR: John Labeta

COLORS: Green, Navy, Gold
 NICKNAME: Mavericks
 TRAINER: Catherine Bates
 EQUIPMENT: Cathy Bassett
 TEAM PHYSICIAN: Dr. Gregory Loren

Revised Date: 8/20/2009