

MAVERICK E-NEWS



Latest News

Come and join the Surf Club this year!! LCC Surf Club Meetings - 9/15 & 9/16 Student Meeting Tuesday, Sept. 15th, Room 301 at lunchtime. Parent/Student Meeting, Wednesday, Sept. 16th at 7PM, in Room 301. All membership forms and information are on the website [here](#). Free raffle and prizes for members who bring their forms and donations to the meetings! First practice will be Wednesday, Sept. 23rd at 3:30 at Moonlight/D Street. First ISF contest is October 18th at Moonlight/D Street.

We Need Your Old Globes!

LCC's Science and Visual Arts Departments are teaming up and doing a "Cool Ideas for a Warm Planet" project. They will need hundreds of old globes—any size. If you happen to have one sitting around that has names of countries on it that no longer exist, and its collecting dust, please consider donating it to LCC. Globes can be dropped off at the LCC front desk. To see what will be done with the globes, check out this [web-site](#). For more information, contact Maria Al-Shamma, Maverick Academic Booster Liaison [here](#).

Reminder NO Parking in Red Zones

Officer Jucenas and the Carlsbad traffic division will be doing more enforcement on the campus in regards to parking in RED ZONES. Please, DO NOT park your vehicle in a fire lane. That includes the Fire lanes around the gym and the dugouts (this includes after normal school hours on game days). Vehicles will be cited and are subject to being towed. There will be zero tolerance for violators! No one wants to be surprised with a ticket or even worse, a tow. Thanks for your cooperation.

Last Chance to Opt Out of LCC Directory

Last chance to Opt-Out of the 2009-2010 Student Directory, or change information. Information that was provided for registration will be used for the directory unless requested differently in writing. The Opt-Out form is located [here](#) on the Foundation website. To order a \$20 Student Directory, download the donor form [here](#).

LCC Foundation Annual Donor Drive Still Considerably Short

The foundation relies on parent and business contributions to fund many programs at LCC that otherwise would be under funded. Donations include direct classroom support to teachers through classroom mini-grants and through major grants funded based on the needs identified by each campus department and the LCC administration. Monies raised pay for items such as science lab equipment and supplies, art supplies, debate tournament entry fees, drama and band support and technology upgrades to name a few. We are appealing to all LCC parents to help us achieve our financial goals. So far we have collected \$70,000 (up 2.4% from last week) from 308 families (up 1% from last week). With the \$ goal at \$150,000 we are at 46.7% of our goal. With 2,200 families now at LCC, we are at only 14% participation. Please take a moment now to download the [donor form](#) and contribute today or donate online [here!](#)

September 14, 2009

- 9/14 Photo Make-up Day
- 9/15 Last Day for Seniors to be Photographed for Yearbook
- 9/15 Student Surf Team Meeting at Lunch, Room 301
- 9/16 Parent /Student Surf Team Meeting 7PM Room 301
- 9/20 SAT Mock Exam 8:30AM-1PM
- 9/28 No School for Students
- 9/29-10/2 Homecoming
- 9/30 Mornings with the Principal 8-9AM Admin Bldg
- 10/2 Homecoming Game
- 10/3 Homecoming Dance 8-11:30PM Gym—Theme announced Monday 9/14
- 10/5 Photo Make-up Day
- 10/18 Mock ACT Exam 8:30AM-1PM
- 10/21 Mornings with the Principal 8-9AM
- 10/28 [Maverick Athletic Boosters Golf Tournament](#)
- 11/4 First Quarter Ends
- 11/11 Veterans Holiday
- 11/18 Mornings with the Principal 8-9AM
- 11/23-27 Fall Break
- 12/21-1/1 Winter Recess
- 4/5-9 Spring Break
- 6/18 Last Day of School

To see a copy of the Weekly Sports Schedule, please click [here](#).

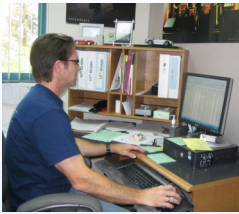
Mock SAT Exam 9/20 —Sign Up Now!

The Maverick Academic Boosters, in partnership with Revolution Prep, is offering a MOCK SAT exam on Sunday, 9/20th at LCC in the theater. Check-in is at 8:30AM and the exam time is from 9:00am - 1pm. For a \$20.00 fee, which can be paid at the door, your student will take a full-length practice exam. Prepayment is also accepted; checks may be dropped off or mailed to the Foundation office of LCC. All proceeds will benefit the Maverick Academic Boosters organization which supports all LCC academic departments.

Questions? Please contact Stephanie Carnow [here](#).

Meet Your Mavericks—Rik Napora, Counselor

For the first few weeks of school, the Maverick Enews will run a special section on some of the new faces at LCC. This week, we are getting to learn more about Rick Napora, our new LCC Counselor.



My name is Rik Napora, and I am the counselor for the students whose last names begin with A-C. Although I'll surely get to know all of you in the near future, I thought I'd give you a little background about me and where I'm from. I was raised in Western New York, and after a military stint I relocated to Phoenix, Arizona. I worked a host of odd jobs including Federal Law Enforcement, bouncing at a nightclub, driving an armored truck, delivering waterbeds, teaching martial arts, personal training, repairing automobiles, building bicycles, and selling cars.

Although I didn't know exactly what I wanted to do with my life, I definitely knew what I DID NOT want to do. To embark on my search for a "better life," I enrolled at a local community college (HINT: community college is a viable option for students who don't go the four-year college route...and you save a TON of money). I later transferred to ASU, where I graduated magna cum laude and received a Bachelor of Arts in Secondary Education with an emphasis in English and a minor in Business. I began teaching high school English at an alternative school in Scottsdale, where I worked with extremely at-risk kids who were in jeopardy of not graduating but also in trouble with the law. As I worked with my students, I thought back to my high school years, and the counselor who basically steered me away from college...and soon my career aspiration became clear. I applied to graduate school at Arizona State, and in 1996 I received my Master's in Counseling Psychology.

After my coursework was completed, I was hired as a high school counselor where I was responsible for not only 350 comprehensive high school students but also 125 at-risk students who attended our alternative program. Although I loved working with my kids, I could no longer bear the sweltering Arizona heat. I moved to Northern California, where I served as a counselor at both the middle and high school level. Shortly thereafter, I migrated further south to Santa Cruz and eventually worked as the Academic Advisor at Saratoga High School. There I had the opportunity to serve as an academic advisor for some of the most high-achieving students in California. Although I was extremely happy with my job and my surroundings, the average home cost nearly a million dollars...so I applied to some fabulous districts in sunny San Diego.

Upon my arrival to San Diego, I joined the counseling staff at TPHS. Torrey Pines was an absolutely wonderful experience, and I have many fond memories of the amazing students, parents, staff, and the community in general. During my third year at Torrey Pines ('03-'04), I jumped at the chance to join a planning committee that had been formed for Canyon Crest. I was selected as a member of the planning team, and I was hired as the counselor for Canyon Crest several months thereafter. After my fifth year at CCA, an opportunity arose for a counseling position at LCC. Thrilled by the opportunity to be able to be a part of my own community (Encinitas), I asked for a transfer...and here I am! SDUHSD is a wonderful place, and I feel lucky to be here. As a counselor, my goal is to guide my students toward positive academic and social choices through information, motivation, support, and encouragement. The decisions students make in high school will surely affect the rest of their lives, and I hope to be a resource for them as they experience what should be a time of excitement and change.

Where did you go to high school?

Clarence High School, Clarence New York (Western New York...NOT "upstate," near Canada and Niagara Falls)

Which high school grade was the best?

Senior!

Which high school grade was the worst?

Actually, it was the middle school grades that were the worst.

Favorite Teacher in Grades K-12?

Mr. McCadden, English. He was a Vietnam veteran with a scathing sense of humor and endless cynicism. He could throw an eraser and hit an unruly student with exceptional accuracy.

Do you have any unusual talents?

That depends on what one considers unusual, I suppose. I can do a split, touch my tongue to my nose, do a one-legged squat, and take just about anything mechanical apart and put it back together correctly.

Favorite color?

Too specific...earth tones!

Favorite Movie?

Shawshank Redemption or Donnie Darko...a toss up!

Favorite Book?

Pet Sematary (yes I know how to spell cemetery)

Strengths?

Lots of energy.

Weaknesses?

My attention span for things in which I have no interest.

PC or Notebook?

PC.

Give or Take?

A little of both.

Music or TV?

TV with music.

Nose Bleed or Paper Cut?

Nose bleed.

Sponge Bob or Patrick?

Sponge Bob.

January or December?

December...more snowboarding season left

Elf ears or Witch Nose?

Witch nose.

Facebook, Myspace, Twitter or Bebo?

Facebook

Text or Call?

Depends on the recipient! A call for friends and an e-mail on the BlackBerry for business.

Coke or Pepsi?

Neither...a V8 Fusion because I don't eat enough vegetables or fruits.

Math is ...

only slightly less pleasurable than going to the dentist.

Mavericks in the News



[ENCINITAS: La Costa Canyon student named California Climate Champion](#)

Rebecca Chan one of two invited to study in Japan

[PREP GIRLS VOLLEYBALL: NCAA's plan to add beach volleyball gives local prep stars options](#)

Fashion Show and Sale For the benefit of the Community Resource Center 9/28

At 7 PM on Monday, September 28th, LCC and SDA students will be modeling recycled, vintage, and unique clothes borrowed directly from Community Resource Center Thrift Store. Each modeled piece will be available for purchase as well as additional hand-selected garments. They will also offer tasty treats! All proceeds, including a suggested \$5 entrance donation, will help the Community Resource Center (CRC) provide those in need with safety, stability, and a path to self-sufficiency. Everyone is welcomed to come on out to the Coastline Community Church at 2215 Calle Barcelona in Carlsbad to watch and show and support the Community. This event is produced and directed by LCC junior student Rebecca Graham.

LCC families are Still Needed to Host Visiting Austrian students! 10/14-29

Exchange students from Austria will be visiting LCC from October 14 - 29th, 2009. Twelve girls, eleven boys, and two male teachers need housing during their visit. We are looking for families to house these students and teachers during their visit. The students will be shadowing your LCC student during the school day but will also be involved in many extra-curricular activities provided by their program that does not require host family participation. Interested? Please click [here](#) for additional details. Also, questions may be emailed directed to [Kelly Mergenthaler](#), ASB President or to [Stephanie Carnow](#). Families will be selected on a first come, first served basis.

Mock ACT Exam 10/18—Sign Up Now!

Taking a practice test is a valuable exercise that can help to increase a student's performance on the actual ACT. Each student who participates will receive an on-line score report with detailed performance analysis and written feedback on the essay. The MOCK ACT exam will be Sunday 10/18 from 9AM-1PM at LCC. Check-in is at 8:30AM and the cost is \$20 per student. Please call Revolution Prep at 1.877.738.7737 to register. There will also be a follow-up session on Tuesday 11/3 from 6:30-7:30PM at LCC for parents and students to learn how to interpret your Score Report and learn more about the most commonly missed questions.

Pre-Order Your LCC Football Season Tickets Now!

The Athletic Boosters are now offering reserved seating for Home Football games. Avoid those long ticket lines and back aches with our BleaChair Seats that provide comfortable back support. Season tickets are \$60 each. To get more information, click [here](#).

How Do I Get on the Maverick Enews Distribution List?

In order to be added to the Enews Distribution List, parents and students must be registered with the SDUHSD Aeries System (the Attendance and Grading System) at <https://parent.sduhsd.net>. Incoming freshman and new students in the district will need an access code provided by your student's counselor to register. These access codes will not be available until the end of September or October. Until then, the enews can be accessed from



E-MAIL NOTIFICATION & SUBMISSIONS

Please contact [Dana Love](#) to submit information for the Maverick E-news. Submissions are due to the E-news Communications coordinator by THURSDAY at noon of each week to be included in the following Monday's e-news update and should be based on school-related activities.

Requests should include a contact name and phone number, limited to 80 words, and may include an organization's own URL if it refers to an approved activity. Try to keep flyer size below 200K if you would like to host it on the LCC web site. Links to external web sites are being provided as a convenience and for informational purposes only; they do not constitute an endorsement or approval of any of the products, services or opinions contained in any external web site.

If you have any questions or comments, please contact lccEnews@sduhsd.net. The Maverick e-news is a service of the La Costa Canyon High School Foundation.