

# San Dieguito

## Union High School District

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Encinitas, CA 92024-3357  
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www.sduhsd.net

### Board of Trustees:

Joyce Dalessandro  
Linda Friedman  
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Ken Noah



## La Costa Canyon High School

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### Principal

Craig Lewis



Canyon Crest Academy  
Carmel Valley MS  
Diegueno MS  
Earl Warren MS  
La Costa Canyon HS  
North Coast Alternative HS  
Oak Crest MS  
San Dieguito Adult Education  
San Dieguito HS Academy  
Sunset HS  
Torrey Pines HS

Fall 2008

Dear Parents:

Health Education is a graduation requirement in the San Dieguito Union High School District. The curriculum includes discussion of issues that are key to healthy adolescent development. This letter serves as the notification required by the State Education Code to inform you of the reproductive health content and purpose of the AIDS instruction in this course.

We are confident that the Family Life Education Unit is of optimal content and caliber, designed to provide students with accurate information regarding the following topics: decision making, communication skills, refusal skills, sex roles, abstinence, anatomy and physiology of reproduction, pregnancy, childbirth, parenting, teen pregnancy options, sexual assault, sexual harassment, contraception/family planning, positive prevention, American Red Cross and standard curriculum.

In providing teens with a thorough and careful education, our curriculum emphasizes that abstinence is the only 100% effective method of preventing the transmission of HIV/AIDS. Students will receive information on the prevention, causes, symptoms, transmission, treatment, and local community resources. They will also analyze the detrimental physical, psychological, and social effects of HIV/AIDS.

As part of this curriculum, students may have guest speakers. The following organizations will be used as resources this year: (1) panel of recovering adolescents from Sunset High School, (2) HIV/AIDS speakers supporting the Positive Prevention Curriculum, (3) speakers from Encinitas/Vista Clinic\* (4) Ernie Ray, American Red Cross Certified (HIV/AIDS). (5) Y-Me San Diego (Breast Cancer), (6) "One in Five" presentation (Encinitas Community Resource Center, Victimization/Domestic Violence), (7) Women's Resource Center, Oceanside (Sexual Harassment, Bullying, Victimization).

Parental preview of teaching material will be held before Back to School Night on Wednesday, September 3<sup>rd</sup>, at 5:30pm in room 1307. Teaching materials will be displayed and teachers will be available to review course content.

We encourage and appreciate your support and look forward to your student's participation in this course.

Sincerely,

Craig Lewis  
Principal

\*Sheltered English Classes Only