

SPRING SPORTS TRYOUTS



LA COSTA CANYON - 2019

- BASEBALL:** Sat., Feb. 9th - FR 10:00am-12:00pm at LCC and 2:00-4:00pm at Diegueno. Sat., Feb. 9th - JV 8-10am & 12:00-2pm @ LCC Varsity Field
Sat., Feb. 9th - Varsity 8am-10am @ LCC Varsity Field.
Mon.-Wed., Feb. 11th- 13th -JV/V-after school @ LCC Varsity Field
Mon.-Wed., Feb. 11th-13th-Frosh @ Diegueno after school
- SWIM:** Fri.-Feb. 8th & Mon., Feb 11th, 6:45pm-8:30pm. Magdalena Ecke Family YMCA Located at 200 Saxony Rd., Encinitas.
- SOFTBALL:** Tues. & Wed., Feb 19th & 20th., 3:00-5:00pm at the softball field.
- BOYS' VOLLEYBALL:** Informational Meeting, Mon. Feb. 4th @ lunch Rm. 602. Sat., Feb 9th, 10am-12:30pm , Mon., Feb 11th, 5-7:30PM in the Gym.
- TRACK & FIELD:** Mon.-Wed., Feb. 11th-13th, at the Track 2:45-5:00pm. Must attend all days.
- BOYS' GOLF:** Times and locations to be determined.
Please contact: Coach Sovacool: Casey.Sovacool@sduhsd.net
- BOYS' TENNIS:** Fri. Feb 8th, 3:15-5:00pm. @ Tennis Courts. Wear proper shoes, can of tennis balls, towel and water bottle
- GYMNASTICS:** Tues., Feb. 19h-TBD in Gym. Please contact Coach Natalie: nataliejaynes11@gmail.com
- BOYS' LACROSSE:** Varsity: Mon, Feb. 18th, 5pm-7pm on the turf
JV: Wed., Feb. 20th, 3:00pm-5pm on the turf
- GIRLS' LACROSSE:** Tue. & Wed., Feb. 19th & 20th, 3:00pm-6:00pm, on the grass.

Reminder: Anyone who wants to try out for a sport MUST have successfully completed the online clearance and submitted the required paperwork to the Athletics Office. Only those who have been cleared may participate in the tryout process.