



MAVERICK ATHLETICS

2021- 2022 Winter Sports Tryouts

Boys Basketball : Sat., Nov. 6th--Var. 11-1pm., JV-1-3pm., Frosh.-3-5pm., Mon., Nov. 8th--Var. 2-3:30pm., JV/Frosh-7-9:00pm., Tues., Nov. 9th- Var/JV--3-5pm

Girls Basketball: Sat., Nov. 6th--Var/JV--9-11 am., Mon.,Nov. 8th., 3:30-5:00pm., Tues., Nov. 9th.,--Var/JV--7-8:30pm

Boys Soccer : Mon. Nov. 15th --Grass 3-5pm, Frosh/Soph, Tues., Nov. 16th--Grass 3-5pm. Frosh/Soph, Wed., Nov. 17th--Grass 3-5:00pm, Frosh-Soph., Mon., Nov. 15th--Turf 7-9:00pm, Jr/Sr., Thurs., Nov 18th--Turf 6-8pm. Jr/Sr

Girls Soccer: Mon. Nov. 8th --Grass 3-5pm, Frosh/Soph, Tues., Nov. 9th--Grass 3-5pm. Frosh/Soph, Wed., Nov. 10th--Turf 3-5:30pm, Jr/Sr Tues., Nov. 16th--Turf 7-9:30pm,Jr/Sr. Players should bring cleats, shin guards, running shoes and water to all tryouts. Absolutely NO CLUB GEAR at tryouts.

Girls Water Polo: Monday, Nov.8th through Friday, Nov. 12th , 6pm-9pm @ Encinitas YMCA Pool

Wrestling: Wed., Nov. 10th, pending covid testing. : Practice times will be 3-5:30 In wrestling room, in the gym

Each student interested in trying out and participating in sports at LCCHS **must complete the online clearance** process. (Visit: www.AthleticClearance.com) Once complete, you MUST submit the following items to the Athletic Department: charlin.grogan@sduhsd.net

- **Completed Sports Physical**
- **A copy of your medical insurance card**

Once your paperwork and online info has been verified, you will be added to the “cleared list.” Please allow up to 72 hours for processing once you have turned in your paperwork. ****If your student has participated in a fall sport this year, the only requirement for clearance is the online portion. You must go back onto your online account and “click” the sport your student wants to play for Winter Sports**** No paperwork needs to be submitted unless the sports physical has expired and/or your insurance on file has changed.** What you input on the clearance website must match what I have on file.

Coach will receive that “cleared list” prior to tryouts. Your name must appear on the cleared list in order for you to tryout.

All tryout information listed above is subject to change and will be updated on the LCC Athletic Calendar

Questions? Please contact :

Athletic Director, Kari DiGiulio: kari.digiulio@sduhsd.net

Athletic Secretary, Char Grogan : charlin.grogan@sduhsd.net

As of 11/04//2021