



## MAVERICK ATHLETICS FALL TRYOUT INFORMATION 2021

- **CROSS COUNTRY**- 8/9 at Moonlight Beach 6am. Check Cross Country Website for updates: [www.lccxc.com](http://www.lccxc.com) Follow Instagram Page @ [mavs\\_xc\\_distance](https://www.instagram.com/mavs_xc_distance)
- **FIELD HOCKEY**--Practice/Tryouts begin, all levels, in the stadium: Wed 8/11- Sat 8/14 8:30-11am, Times may vary, depending on teacher inservice times, but usually in the morning until school starts.
- **FOOTBALL**--Practice/Tryouts begin: Thursday, 7/29. For specific information, please check the football website: [www.lccfootball.com](http://www.lccfootball.com) and reference the calendar.
- **GIRLS GOLF**--August 9th, 10th and 12th @ La Costa Resort, 3:00-5:30pm - Meet at the resort range. Expect to play 9 holes.
- **GIRLS TENNIS**-- Aug. 11 and 12th @ 2-4pm. Aug. 14th if necessary.
- **GIRLS VOLLEYBALL**-- August 2nd - 4th: Freshman/Soph - 8:00-10:00am Juniors/Seniors - 10:00-11:30am  
Practices start 8/4 and continue through the first day of school:Var-8-10am. Nov/JV-10-12pm  
Website: <https://lchsgvb.weebly.com/>
- **BOYS WATER POLO**--Varsity week of 8/2, JV and Novice week of 8/9. Please check waterpolo website for updates and changes <http://www.lccaquatics.com/boys-water-polo.html>

***All students interested in trying out and participating in sports at LCCHS must be ENROLLED. Parents must complete the online clearance ([www.AthleticClearance.com](http://www.AthleticClearance.com)) for the specific sport. Once the online clearance has been reviewed, a confirmation email will go out to the email that was registered with the clearance site. (PARENT EMAIL PREFERRED) Prior to the tryout, the coach will***

**be given a list of the students who have been cleared for the tryouts of their specific sport. Please allow 72 hours for clearance approval. NO EXCEPTIONS.**

**Any questions or concerns, please contact :**

**Kari DiGiulio, Athletic Director at [kari.digiulio@sduhsd.net](mailto:kari.digiulio@sduhsd.net)**

**Char Grogan, Athletic Secretary at [charlin.grogan@sduhsd.net](mailto:charlin.grogan@sduhsd.net) 760-436-6136 x. 6002**

**Questions regarding try-outs per sport, please contact the Head Coach of the program listed here:**