



5/13/2022



Dear Future Mavericks,

We are looking forward to the 2022-23 school year and welcoming all of you to LCC! We want to make your transition to LCC as smooth and supportive as possible so we are providing you important information for upcoming events. Please take some time to review this information as a family. As always, please let us know if you have any questions. Go Mavs!

Reno Medina, Principal

[2022-23 Instructional Calendar and Bell Schedule](#)

Fall 2022-23 Business Days

Save the Date! We will host our annual Business Days the first week of August. This is a time where students come back to campus to take photos for student ID's, purchase ASB cards, and have an opportunity to meet with counselors regarding their tentative course schedules. Here is the schedule:

| Date | Time | Grade |
|-----------------------|----------|-------|
| Tuesday, August 2nd | 8am-12pm | 12th |
| Wednesday, August 3rd | 8am-12pm | 11th |
| Thursday, August 4th | 8am-12pm | 10th |
| Friday, August 5th | 8am-12pm | 9th |

NOTE: If students are not able to attend business/readiness days, they will be able to drop off paperwork and pick up their tentative class schedules the week before school starts. However, counselor availability will be limited due to professional development work during this week.



Associate Student Body (ASB)

ASB exists to enthusiastically support all aspects of LCC while uniting every student and providing a positive environment. We are excited to help run activities and events regularly to connect with every student! Interested in JOINING ASB next year? Visit our [ASB website](#) for more information. Also, please visit our [ASB Clubs website](#) to search the many awesome clubs we have on campus!



Athletics: Are you interested in competing in athletics at LCC?

- **New Maverick Athletic Clearance Information** -- Athletic registration is online. Click on the following [link](#) for more information to make sure you are ready to try out. Try-outs begin at the end of July, early August for Fall Sports. An athletic clearance is **REQUIRED** to try out for a sport at LCC. It is highly recommended that this process is completed **by July 15th**, especially for a FALL sport. The Athletic office is closed 6/30 and re-opens July 15th..
- **A physical form is needed for clearance:** Please print the physical form and take it to your Dr. office visit, or attend our LCC **2022 Sports Physical Night**, June 1st, on the LCC Campus.
[Physical Form \(Spanish\)](#) [Physical Form \(English\)](#)
- **Questions regarding Athletic Clearance, please email:**
[Athletic Secretary, Char Grogan charlin.grogan@sduhsd.net](mailto:charlin.grogan@sduhsd.net) and/or
[Athletic Director, Kari DiGiulio kari.digiulio@sduhsd.net](mailto:kari.digiulio@sduhsd.net)
- **JULY/ AUGUST try-out dates: 2022-2023 Fall Try-out information**
If you have a question with regard to the actual try-out dates, please email the coach listed for the sport directly and/or see the team website for information:
[Maverick Coaching Staff/ Team Websites](#)

2022 SUMMER Athletic opportunities/ Camps and Clinics:

Boys Basketball: Incoming Freshmen

Boys and Girls Youth Basketball: Youth Camp ages 9-14

Girls Basketball: LCC Women's Basketball 2022 Summer Camp Flyer.pdf

Cross Country: Maverick Cross Country

Field Hockey: GIRL POWER Summer Strength and Conditioning & Stick Skills FH

August 2022: Fundamental Skills Camp with Head JV Coach, Caitlin Solomon -- any incoming freshman, and current LCC students brand new to the sport, are welcome to come learn basic skills such as: dribbling, hitting, and passing. Tuesday 8/2 - Thursday 8/4 from 11:30a-1p. To sign up, please fill out this [Google Form](#).

Football: Website: <https://www.lccfootball.com/>

LCC Mavericks 2022 Off Season Summer Camp & Fall Football Registration

Girls Golf: Interested in Girls Golf in the fall, please complete this google form: [Golf Form](#)

Girl Power Strength and Conditioning Camp: Open to all female athletes who want to work out over the summer to prepare for their season(s) at LCC. [Summer Strength and Conditioning](#)

Girls Soccer: Soccer Camp, Ages 10-14

Track and Field: Speed Performance Training throughout the summer. Please contact: Head Track Coach, Gregg Simmons simmonsspeed@gmail.com

Wrestling: Summer Wrestling camp : [SWWC Camp](#)

Nutrition Services Support



Summer 2022: Free Breakfast and Lunch will be offered to students attending in-person summer school and extended school year programs at SDA; free meals are provided regardless of student eligibility for the Free/Reduced Price Meal Program. Students not enrolled in Summer School may visit <https://www.cde.ca.gov/ds/sh/sn/summersites22.asp> to search a list of locations where children may receive free nutritious meals during summer vacation and off-track periods. Summer Meal Program sites are open to all community children up to 18 years of age.

SY 2022-23: San Dieguito Union High School District (SDUHSD) Nutrition Services will provide school meals at no charge for the 2022-23 school year to all students attending in person. Each student may request a breakfast and lunch free of charge regardless of their eligibility for free or reduced-price meals. Meal applications for the Free/Reduced Meal Program will be available to all households for the 2022-23 school year after July 1, 2022.



Upcoming Summer/Fall Events



July: Football Tryouts

August: Fall Athletics Tryouts

August 2nd-5th: Business Days, 8a-12p

August 16th: First Day of School for 2022-2023



La Costa Canyon
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Tax ID #33-0708190

La Costa Canyon Foundation
is a 501c(3) nonprofit organization
Your gift is tax deductible to the
full extent allowed by law.



Dear Maverick Family,

We want to welcome you to our 2022-2023 school year! We are so excited to partner with you to make this school year the best it can possibly be. The LCC Foundation exists solely to support and enhance our school's Academic, Art, and Athletic programs. The San Dieguito Unified High School District covers our basic educational needs, and the Foundation funds supplemental courses, equipment, coaches, and technology that enrich the LCC experience. Every school year, the LCC Foundation raises tens of thousands of dollars in our annual campaign. These funds are used to support crucial areas of our classrooms: STEM, additional curriculum, art supplies, technology upgrades, assembly speakers, campus upgrades and much much more!

This year, we are so excited to be welcoming Principal Conn back to LCC. We believe with his vision for LCC and our Foundation support, this can be a year your student will never forget. We will be focusing on several projects that we believe will make a huge impact on student experiences across the campus. In addition, we are also partnering with Principal Conn to fund key initiatives and areas of need. We are focused on improving key course offerings and expanding after school opportunities. And as always, we will be granting money to our teachers to fund import projects and supplies in our classrooms. La Costa Canyon has an incredibly talented student body who achieve great things in Academics, Athletics, and Arts. The Foundation relies on your donations to provide funding for a deeper, enriched educational experience. Even though we have seen an increase in the amount of families who support the Foundation, we are still under 25% of total families who give. Our goal, as always, is for 100% participation no matter how much a family can donate.

If you have never supported us before, a simple way to begin is by giving a "dollar a day" for every school day of the year. That would be the \$180 option you see below. There are also other options to fit what works best for you and your family. And as always, we need several families to step forward and be one of our few \$5,000 Principal Circle supporters. Could that be you? Please join us as we raise money to help make LCC the school we are all proud of.

Thank you for your generous support!

Name: _____ Email: _____

Student Name: _____ Phone: _____

My Donation: \$100 \$180 \$250 \$500 \$1000 \$2500 \$5000 Other: _____

Or My 10 Monthly Donations: \$10 \$25 \$50 \$100 \$150 \$250 Other: _____

☐ Check enclosed made payable to LCC Foundation
or

☐ Visa/Mastercard Credit Card # _____ Security Code _____ Exp _____

Billing Zip _____ Cardholder Name _____ Signature _____

☐ My Employer will match my gift. Employer Name _____

Thank you for making a difference in the lives of LCC students!

Please join our elite level members by your generous support:

\$5000 Donation = Principal's Circle

- Receive 2 football season tickets
- Receive 2 tickets to our Spring Fundraising Event
- Your family name will appear on a Donor Banner outside the LCC Admin Building
- Receive 2 GOLD Maverick Steerhead decals for your car in recognition of your Principal's Circle status
- Receive 2 VIP Invitations to our Private Donor Event with Principal Conn and our Executive Director
- Receive an LCC Foundation car decal

\$2500 Donation = LCC Legacy Benefactor

- Receive 2 tickets to our Spring Fundraising Event
- Your family name will appear on a Donor Banner outside the LCC Admin Building
- Receive a GOLD Maverick Steerhead decal for your car in recognition of your Legacy Benefactor status
- Receive 2 VIP Invitations to our Private Donor Event with Principal Conn and our Executive Director
- Receive an LCC Foundation car decal

\$1000 Donation = Maverick Gold Member

- Your family name will appear on a Donor Banner outside the LCC Admin Building
- Receive a GOLD Maverick Steerhead decal for your car in recognition of your Gold Member status
- Receive 2 VIP Invitations to our Private Donor Event with Principal Conn and our Executive Director
- Receive an LCC Foundation car decal

\$500 Donation = Maverick Silver Member

- Receive a SILVER Maverick Steerhead decal for your car in recognition of your Silver Member status
- Receive 2 VIP Invitations to our Private Donor Event with Principal Conn and our Executive Director
- Receive an LCC Foundation car decal

\$250 Donation = Foundation Friend

- Receive a WHITE Maverick Steerhead decal for your car in recognition of your support
- Receive an LCC Foundation car decal

Your donation helps fund the following areas for ALL LCC students:

Academics: The majority of your donation is used to help LCC maintain the highest academic standards by supporting our faculty and supplementing materials for all subjects in the California Core Curriculum.

Counseling, College and Career: College and Career readiness is something on the mind of every LCC parent. The Foundation organizes crucial SAT/ACT prep courses and provides funding for after-school enrichment and college and career readiness guest speakers.

Technology: Every year, new opportunities arise for the LCC Foundation to fund vital technology upgrades in the classrooms and around campus. This includes computer equipment, software upgrades, and web development that are not covered by Prop or District funds.

STEM: LCC continues to increase its elective offerings and extracurricular activities in research and practical application of science, technology, engineering and math. Robotics, computer science and engineering opportunities would not be possible without LCC Foundation support.

Arts: Your donation supports all courses and programs offered in Video and Film, Dance, Band, Fine Arts, and Theater.

Interested in volunteering at La Costa Canyon High School?
Join our volunteer roster!



There's no commitment; we just keep you informed about future LCC volunteer opportunities and events. [CLICK HERE](#) and get added to our list now!

**CHECK OUT THESE
SPONSORSHIP
OPPORTUNITIES
TO SUPPORT OUR
MAVS!**



LCC Football just had their Kickoff Meeting and are gearing up for an awesome 2022-2023 season!

Let's go MAVS!



Follow us on social media,
learn more at <https://lcchsfoundation.org>,
or contact our Executive Director, Dale Jagers, at lcfoundation@sduhsd.net



★ Wishing all our LCC families a fun, relaxing, and safe Summer ★

SEE YOU



MAVERICKS

Next Year!

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