

# LA COSTA CANYON HIGH SCHOOL MAVERICK ATHLETICS

## 2019- 2020

### FALL SEASON (AUGUST-NOVEMBER)

#### BOYS VARSITY COACHES

**FOOTBALL:** Sean Sovacool (Varsity, JV, Freshman)  
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**CROSS COUNTRY:** Bill Vice (Varsity, JV)-**Boys and Girls**  
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**WATER POLO:** Grant Harrington (Varsity, JV, Novice)  
[grant.harrington12@gmail.com](mailto:grant.harrington12@gmail.com)

#### GIRLS VARSITY COACHES

**FIELD HOCKEY:** Casey Wollbrinck (Varsity, JV)  
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**VOLLEYBALL:** Rachel Morris (Varsity, JV)  
[lccgirlsvolleyball@gmail.com](mailto:lccgirlsvolleyball@gmail.com)

**TENNIS:** Jon Parker (Varsity)  
[Parker44@nsuok.edu](mailto:Parker44@nsuok.edu)

**GOLF:** Matt McCullough (Varsity)  
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**CHEER:** Erin Gorman (Varsity, JV, Freshman)  
[coach.eringorman@gmail.com](mailto:coach.eringorman@gmail.com)

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### WINTER SEASON (NOVEMBER-FEBRUARY)

**BASKETBALL:** David Cassaw (Varsity, JV, Freshman)  
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**SOCCER:** Craig Dean (Varsity, JV, Freshman)  
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**WRESTLING:** Dwayne Buth (Varsity, JV, Freshman)  
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**BASKETBALL:** Caitlin Hoffmann (Varsity, JV)  
[Caitlin.hoffmann@sduhsd.net](mailto:Caitlin.hoffmann@sduhsd.net)

**SOCCER:** TBD (Varsity, JV, Freshman)

**WATER POLO:** Sean Joy (Varsity, JV, Novice)  
[seanjoy@gmail.com](mailto:seanjoy@gmail.com)

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### SPRING SEASON (MID FEBRUARY-MAY)

**BASEBALL:** Justin Machado (Varsity, JV, Freshman)  
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**SWIM & DIVE:** Patty Mackle (Varsity, JV, Novice) - **Boys and Girls**  
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**GOLF:** Casey Sovacool (Varsity, JV)  
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**LACROSSE:** Kevin Cooper (Varsity, JV)  
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**TRACK:** TBD

**TENNIS:** TBD

**VOLLEYBALL:** Mark Brubaker (Varsity, JV, Freshman)  
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**GYMNASTICS:** Natalie Jaynes (Varsity, JV)  
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**SOFTBALL:** Rachel Wright (Varsity)  
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**LACROSSE:** Casey Belitz (Varsity, JV)  
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**TRACK:** TBD

**ATHLETIC TRAINER-** Matt Scanlin  
[mattscan@yahoo.com](mailto:mattscan@yahoo.com)

La Costa Canyon High School competes in the Avocado West League which also includes: Carlsbad, Canyon Crest Academy, El Camino, San Dieguito Academy, Mission Hills, San Marcos, Oceanside and Torrey Pines.

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