



Maverick Athletics

GENERAL INFORMATION

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Athletic Secretary: Char Grogan charlin.grogan@sduhsd.net (760) 436-6136 x6002

This school year, athletics look a bit different than normal for our student-athletes and coaching staffs. The COVID-19 restrictions and CIF STATE and CIF San Diego guidelines, have provided us with 2 seasons of sports, incorporating all sports. We hope to return and see our Maverick student-athletes in action soon.

Athletics at La Costa Canyon High School provides students with the opportunity to be a part of a team, compete for their high school and foster character development. We provide various levels of sport teams, depending on the particular sport. Student-athletes at LCC are held to a high standard and must meet all eligibility requirements to compete.

GENERAL ELIGIBILITY REQUIREMENTS:

- 1) **2.0 GPA is required based on last official grading period (quarter or semester)**
- 2) Continued eligibility during each season depends on quarter and semester grades at the high school level. (Quarter grades are reported in November and April. Semester grades are reported beginning of February and June.)
- 3) Online Athletic Clearance completed, including uploading physical and copy of insurance card (front and back)
- 4) All availability to compete and participate in sports depends on the tier level. Color of sport text reflects tier level.

February Start Dates	TBD- March
Swim and Dive (2/1)	Baseball / Softball (3/13)
Cross Country (2/1)	G Lacrosse (3/13)
G Golf (2/8)	B Lax
B Golf (2/15)	Football
Track and Field (2/15)	B/G Water Polo

B/G Tennis	B Volleyball
B/G Soccer (2/22)	Gymnastics
G Volleyball TBD	B/G Basketball
Field Hockey TBD	Competitive Cheer
	B/G Wrestling

Important Dates

Online clearance is OPEN for all sports; however, Purple Tier Sports will be given priority and processed first. You may select as many sports as you are planning on trying out for during the 2021 school year.

HOW TO COMPLETE ATHLETIC CLEARANCE - Online Athletic Clearance Steps

1. Visit www.AthleticClearance.com
2. Watch a quick tutorial video and **Register**. Parents register with valid email username and password. You will be asked to type in a code to verify you are human.
3. Log in
4. Select "**New Clearance**" to start the process.
5. Choose the School Year in which the student plans to participate (**2020-2021**). Choose the School - **La Costa Canyon High School**. Choose the **Sport(s)** your student will be trying out for. **If your student is interested in playing multiple sports, please be sure to choose all the sports they may want to try out for. It makes the clearance process easy for the rest of the year.**
6. Complete all required fields for Student Information, Educational History, Medical History and Signature Forms. (Please note: parent and student-athlete have **separate signature lines**. You must sign each signature one at a time. **Auto-populating the signatures will cause it to be incorrect and will have to be reset and delay your clearance.**
7. Once you reach the **Confirmation Message** you have completed the process. **NEW THIS YEAR:** You need to upload the copy of the physical, as well as the copy of your medical insurance card (front and back) You can scan these documents and send as one pdf: Here is how [Upload by phone as PDF](#), you can bring the hard copies into the office during office hours, or you can email them directly to Char Grogan. Contact listed at top.
8. All of this data will be electronically filed with the athletic department for **review**. When the online registration has been completed and the student has submitted the required paperwork, **an email notification will be sent to the registered email user account** indicating that the student has been **cleared for participation** in the tryout process.
9. Please direct any questions to Char Grogan, Athletic Secretary. Contact listed at top.

OFFICE HOURS: The athletic office is open by appt only. Please email Char Grogan to set up your appt.