

# La Costa Canyon High School

## Sample Four Year Plan for IB Diploma

Student Name: \_\_\_\_\_ Grade: \_\_\_\_\_ Date: \_\_\_\_\_

Counselor: \_\_\_\_\_ Student ID #: \_\_\_\_\_ Grad. Year: \_\_\_\_\_

9	10	11	12
English 9 HP	English 10 HP	AP/IB English HL	IB English HL
Visual Art	AP World History	AP/IB History HL	IB History HL
Integrated Math 1 HP	Integrated Math 2 HP	IB Math HL	IB Math HL
Year One PE	PE	IB Psychology SL	Gov/Econ
Spanish 2	Spanish 3	IB Spanish SL	IB Spanish SL
Biology	Chemistry	IB Physics HL	IB Physics HL
Practical art	Intro to IB	TOK	Senior Seminar

Extracurricular Activities: \_\_\_\_\_ Community Service: \_\_\_\_\_

<p><b><u>Graduation Requirements</u></b></p> <p>You must pass <b>Algebra 1 or Integrated Math 1, meet the health requirement</b>, and earn <b>230 credits</b>, which must include the following course work (by credits):</p> <table style="width: 100%; border-collapse: collapse;"> <tr><td>1. English</td><td style="text-align: right;">40</td></tr> <tr><td>2. Visual/Performing Art</td><td style="text-align: right;">10</td></tr> <tr><td>3. Health/YearOne PE</td><td style="text-align: right;">10</td></tr> <tr><td>4. Physical Education</td><td style="text-align: right;">10</td></tr> <tr><td>5. Mathematics</td><td style="text-align: right;">30</td></tr> <tr><td>6. Science:</td><td></td></tr> <tr><td>    Biological</td><td style="text-align: right;">10</td></tr> <tr><td>    Physical</td><td style="text-align: right;">10</td></tr> <tr><td>7. World History</td><td style="text-align: right;">10</td></tr> <tr><td>8. U.S. History</td><td style="text-align: right;">10</td></tr> <tr><td>9. American Gov't</td><td style="text-align: right;">5</td></tr> <tr><td>10. Economics</td><td style="text-align: right;">5</td></tr> <tr><td>11. Practical Art</td><td style="text-align: right;">10</td></tr> <tr><td>12. Electives</td><td style="text-align: right;">70</td></tr> <tr><td><b>Total:</b></td><td style="text-align: right;"><b>230</b></td></tr> </table> <p><small>*Each semester course passed earns 5 credits.</small></p>	1. English	40	2. Visual/Performing Art	10	3. Health/YearOne PE	10	4. Physical Education	10	5. Mathematics	30	6. Science:		Biological	10	Physical	10	7. World History	10	8. U.S. History	10	9. American Gov't	5	10. Economics	5	11. Practical Art	10	12. Electives	70	<b>Total:</b>	<b>230</b>	<p><b><u>CSU &amp; UC "A-G" Requirements</u></b></p> <p><b>"A"</b> US History/Soc.Sci.: 2 yrs.  <b>"B"</b> English: 4 yrs.  <b>"C"</b> Math (must include: Alg I, Geometry, Alg II OR Int. Math I, II and III): 3 yrs. (4 yrs. recommended)  <b>"D"</b> Lab Science: 2 yrs. (3 yrs. recommended)  <b>"E"</b> Language other than English: 2 yrs. (3 yrs. recommended)  <b>"F"</b> Visual or Performing Art: 1 yr.  <b>"G"</b> College Prep Elective: 1 yr.</p> <p><b>*Above requirements are the minimum. All "A-G" courses must be completed with 'C' grade or higher.</b></p> <p><b>College exam requirements: (circle)</b>  <b>PSAT</b> (practice for SAT) 9 10 11 -  <b>SAT</b> - 10 11 12  <b>ACT</b> - 10 11 12</p> <p><b>*SAT Subject exams</b> - 10 11 12</p> <p><small>*No longer required, but are recommended for UC's/some private/some majors- check with colleges and universities as part of planning to apply to college.</small></p>	<p><b><u>Post High School Plans</u></b></p> <p>___ Four Year College/University          ___ NCAA Division I/II Sport : _____          Possible Major: _____          _____</p> <p>___ Community College (English/math placement test req'd)          ___ Vocational/Trade School          ___ Military (ASVAB req'd)          ___ Other:</p> <p><b>Comments/Notes:</b>          _____          _____          _____</p> <p><small>*The purpose of this plan is to provide an understanding of high school course work and how it relates to post high school planning. It is a work in progress subject to change at any time.</small></p>
1. English	40																															
2. Visual/Performing Art	10																															
3. Health/YearOne PE	10																															
4. Physical Education	10																															
5. Mathematics	30																															
6. Science:																																
Biological	10																															
Physical	10																															
7. World History	10																															
8. U.S. History	10																															
9. American Gov't	5																															
10. Economics	5																															
11. Practical Art	10																															
12. Electives	70																															
<b>Total:</b>	<b>230</b>																															

# La Costa Canyon High School

## Sample Four Year Plan for IB Diploma

Student Name: \_\_\_\_\_ Grade: \_\_\_\_\_ Date: \_\_\_\_\_

Counselor: \_\_\_\_\_ Student ID #: \_\_\_\_\_ Grad. Year: \_\_\_\_\_

9	10	11	12
English 9 HP	English 10 HP	AP/IB English HL	IB English HL
Visual Art	AP World History	AP/IB History HL	IB History HL
Integrated Math 1HP	Integrated Math 2 HP	IB Math HL	IB Math HL
Football	Football	Football	Football
Spanish 1	Spanish 2	IB Spanish SL	IB Spanish SL
Biology	Chemistry	IB Environmental Systems SL	IB Biology SL
Practical Art	AP Chemistry	TOK <small>(Gov/Econ in Summer on-line through sduhsd)</small>	Senior Seminar

Extracurricular  
Activities: \_\_\_\_\_

Community  
Service: \_\_\_\_\_

### Graduation Requirements

You must pass **Algebra 1** or **Integrated Math 1**, meet the **health requirement**, and earn **230 credits**, which must include the following course work (by credits):

13. English	40
14. Visual/Performing Art	10
15. Health/YearOne PE	10
16. Physical Education	10
17. Mathematics	30
18. Science:	
Biological	10
Physical	10
19. World History	10
20. U.S. History	10
21. American Gov't	5
22. Economics	5
23. Practical Art	10
24. Electives	70

**Total: 230**

\*Each semester course passed earns 5 credits.

### CSU & UC "A-G" Requirements

**"A"** US History/Soc.Sci.: 2 yrs.

**"B"** English: 4 yrs.

**"C"** Math (must include:  
Alg I, Geometry, Alg II OR  
Int. Math I, II and III): 3 yrs.  
(4 yrs. recommended)

**"D"** Lab Science: 2 yrs.  
(3 yrs. recommended)

**"E"** Language other than English:  
2 yrs. (3 yrs. recommended)

**"F"** Visual or Performing Art: 1 yr.

**"G"** College Prep Elective: 1 yr.

**\*Above requirements are the minimum. All "A-G" courses must be completed with 'C' grade or higher.**

**College exam requirements:  
(circle)**

**PSAT** (practice for SAT) 9 10 11 -

**SAT** - 10 11 12

**ACT** - 10 11 12

**\*SAT Subject exams** - 10 11 12

\*No longer required, but are recommended for UC's/some private/some majors- check with colleges and universities as part of planning to apply to college.

### Post High School Plans

\_\_\_ Four Year College/University

\_\_\_ NCAA Division I/II  
Sport : \_\_\_\_\_

Possible Major: \_\_\_\_\_

\_\_\_ Community College  
(English/math placement test req'd)

\_\_\_ Vocational/Trade School

\_\_\_ Military  
(ASVAB req'd)

\_\_\_ Other:

**Comments/Notes:**

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

\*The purpose of this plan is to provide an understanding of high school course work and how it relates to post high school planning. It is a work in progress subject to change at any time.

# La Costa Canyon High School

## Sample Four Year Plan for IB Diploma

Student Name: \_\_\_\_\_ Grade: \_\_\_\_\_ Date: \_\_\_\_\_

Counselor: \_\_\_\_\_ Student ID #: \_\_\_\_\_ Grad. Year: \_\_\_\_\_

9	10	11	12
English 9 HP	English 10 HP	AP/IB English HL	IB English HL
Elective	AP World History	IB History HL	IB History HL
Integrated Math 2 HP	Integrated Math 3 HP	IB Math HL (Year 2)	Calc D
elective	elective	IB Environmental Systems SL	Elective or Gov/Econ if not in summer
Spanish 1	Spanish 2	IB Spanish SL	IB Spanish SL
Biology	Chemistry	IB Film SL	Free period/elective
Practical Art	AP Chemistry	TOK <small>(Gov/Econ in summer online through sduhsd)</small>	Senior Seminar

**Extracurricular Activities:** \_\_\_\_\_

**Community Service:** \_\_\_\_\_

### Graduation Requirements

You must pass **Algebra 1 or Integrated Math 1**, meet the **health requirement**, and earn **230 credits**, which must include the following course work (by credits):

25. English	40
26. Visual/Performing Art	10
27. Health/YearOne PE	10
28. Physical Education	10
29. Mathematics	30
30. Science:	
Biological	10
Physical	10
31. World History	10
32. U.S. History	10
33. American Gov't	5
34. Economics	5
35. Practical Art	10
36. Electives	70

**Total: 230**

\*Each semester course passed earns 5 credits.

### CSU & UC "A-G" Requirements

- "A" US History/Soc.Sci.: 2 yrs.
- "B" English: 4 yrs.
- "C" Math (must include: Alg I, Geometry, Alg II OR Int. Math I, II and III): 3 yrs. (4 yrs. recommended)
- "D" Lab Science: 2 yrs. (3 yrs. recommended)
- "E" Language other than English: 2 yrs. (3 yrs. recommended)
- "F" Visual or Performing Art: 1 yr.
- "G" College Prep Elective: 1 yr.

**\*Above requirements are the minimum. All "A-G" courses must be completed with 'C' grade or higher.**

#### **College exam requirements: (circle)**

**PSAT** (practice for SAT) 9 10 11 -  
**SAT** - 10 11 12  
**ACT** - 10 11 12

**\*SAT Subject exams** - 10 11 12

\*No longer required, but are recommended for UC's/some private/some majors- check with colleges and universities as part of planning to apply to college.

### Post High School Plans

- \_\_\_ Four Year College/University
- \_\_\_ NCAA Division I/II Sport : \_\_\_\_\_
- Possible Major: \_\_\_\_\_
- \_\_\_ Community College (English/math placement test req'd)
- \_\_\_ Vocational/Trade School
- \_\_\_ Military (ASVAB req'd)
- \_\_\_ Other: \_\_\_\_\_

#### **Comments/Notes:**

---



---



---

\*The purpose of this plan is to provide an understanding of high school course work and how it relates to post high school planning. It is a work in progress subject to change at any time.

# La Costa Canyon High School

## Sample Four Year Plan for IB Diploma

Student Name: \_\_\_\_\_ Grade: \_\_\_\_\_ Date: \_\_\_\_\_

Counselor: \_\_\_\_\_ Student ID #: \_\_\_\_\_ Grad. Year: \_\_\_\_\_

9	10	11	12
English 9 HP	English 10 HP	AP/IB English HL	IB English HL
Elective	AP World History	AP/IB History HL	IB History HL
Integrated Math 1	Integrated Math 2	IB Math SL	IB Math SL
Year One PE	PE	IB Environmental Systems SL	Free period
Spanish 2	Spanish 3	IB Spanish SL	IB Spanish SL
Biology	Chemistry	IB Film HL	IB Film HL
Practical art	Intro to IB	TOK (Gov/Econ in summer on-line through edgenuity)	Senior Seminar

Extracurricular  
Activities: \_\_\_\_\_

Community  
Service: \_\_\_\_\_

### Graduation Requirements

You must pass **Algebra 1** or **Integrated Math 1**, meet the **health requirement**, and earn **230 credits**, which must include the following course work (by credits):

37. English	40
38. Visual/Performing Art	10
39. Health/YearOne PE	10
40. Physical Education	10
41. Mathematics	30
42. Science:	
Biological	10
Physical	10
43. World History	10
44. U.S. History	10
45. American Gov't	5
46. Economics	5
47. Practical Art	10
48. Electives	70

**Total: 230**

\*Each semester course passed earns 5 credits.

### CSU & UC "A-G" Requirements

**"A"** US History/Soc.Sci.: 2 yrs.

**"B"** English: 4 yrs.

**"C"** Math (must include:  
Alg I, Geometry, Alg II OR  
Int. Math I, II and III): 3 yrs.  
(4 yrs. recommended)

**"D"** Lab Science: 2 yrs.  
(3 yrs. recommended)

**"E"** Language other than English:  
2 yrs. (3 yrs. recommended)

**"F"** Visual or Performing Art: 1 yr.

**"G"** College Prep Elective: 1 yr.

**\*Above requirements are the minimum. All "A-G" courses must be completed with 'C' grade or higher.**

**College exam requirements:  
(circle)**

**PSAT** (practice for SAT) 9 10 11 -

**SAT** - 10 11 12

**ACT** - 10 11 12

**\*SAT Subject exams** - 10 11 12

\*No longer required, but are recommended for UC's/some private/some majors- check with colleges and universities as part of planning to apply to college.

### Post High School Plans

\_\_\_ Four Year College/University

\_\_\_ NCAA Division I/II  
Sport : \_\_\_\_\_

Possible Major: \_\_\_\_\_

\_\_\_ Community College  
(English/math placement test req'd)

\_\_\_ Vocational/Trade School

\_\_\_ Military  
(ASVAB req'd)

\_\_\_ Other:

**Comments/Notes:**

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

\*The purpose of this plan is to provide an understanding of high school course work and how it relates to post high school planning. It is a work in progress subject to change at any time.