

San Dieguito

Union High School District

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Office of the Superintendent

October 31, 2018

Dear San Dieguito Union High School District Community,

Our school district is committed to providing a safe learning environment for all of our students. This includes our students social, emotional and mental health. Unfortunately, both in the past, and recently, we have had incidents of self-harm that have resulted in injuries and deaths in our community.

We are saddened by these incidents and due to concerns of privacy for families involved we cannot share many details. We do not want to draw comparisons between any incidents of self-harm to students, they are all unique and personal to those involved. We want any student, or any parent, or any community member, who needs help to reach out and get the support they need. When an incident does occur, we support the family involved, the students in our schools and our staff. We have a team of professionals that provide a continuum of social-emotional supports to ensure, as best we can, everyone involved gets the support they need.

We care deeply about the issue of self-harm and suicide. We want to give everyone in our community information and tools to have conversations about self-harm and suicide so that we can help save lives. We are planning on holding two forums in our district focused on suicide awareness and prevention as soon as possible this month. One will be held at Canyon Crest Academy and one at La Costa Canyon High School. As soon as we have made the necessary arrangements we will send out more information.

If you know of a student or anyone who needs support or immediate attention, please take action as every life is precious. We have a page on our website with resources dedicated to preventing suicide.

[Suicide Prevention Resources](#)
[Community Resources](#)



Robert A. Haley
Superintendent